Roots EZ

级数: Beginner

拍数: 32 编舞者: Su Law (USA) - November 2024

墙数: 4

音乐: Roots - Calum Scott





Intro: 16 counts

***3 Restarts - Wall 2, Wall 6, and Wall 9 after 16 counts.

S1: Lindy R, Lindy L.

- 1&2 RF Shuffle to R
- 3 4 LF Rock Back, RF Recover
- 5&6 LF Shuffle to L
- 7 8 RF Rock Back, LF Recover

S2: Step Lock, Forward Shuffle. Step Lock, Forward Shuffle.

- diagonal R RF Forward, LF behind RF 1 - 2
- 3&4 Shuffle Forward R, L, R
- 5 6 diagonal L - LF Forward, RF behind LF
- 7&8 Shuffle Forward L, R, L

S3: Jazz Box with 1/4 Turn Right. Grapevine with Cross.

- 1 2 Cross RF over LF, LF Back
- RF Turn 1/4 right, Cross LF over RF 3 - 4
- 5 6 RF Side, LF behind RF
- RF Side, Cross LF over RF 7 - 8

S4: R Side Rock, Recover, Cross Shuffle. Side Rock, Recover, Behind Side Cross.

- 1 2 Rock RF to right, Recover LF
- 3&4 Cross RF over LF, Close LF next to RF, Cross RF over LF
- 5 6 Rock LF to left, Recover RF
- 7&8 LF behind RF, RF Side, LF cross RF

You can combine this dance with another dance ("Roots" - Improver Level by Roy Verdonk & Raymond Sarlemijn) into a split-floor dance.

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