

# Getting Low

**COPPER** KNOB  
STEPMATS

拍数: 32      墙数: 4      级数: Low Intermediate  
编舞者: Sobrielo Philip Gene (SG) - September 2024  
音乐: Low (feat. T-Pain) - Flo Rida



Intro: 32 counts @18sec

## [1-8] STOMP HOLD, BALL STEP FORWARD, ROCK RECOVER 1/4 SIDE SHUFFLE

1-2              Stomp RF forward (1), hold (2)  
&3-4            Step LF beside RF (&), step RF forward (3), step LF forward (4)  
5-6              Rock RF forward (5), recover on LF  
7&8             ¼ turn right step RF to right (7), step LF beside RF (&), step RF to right (8) (3:00)

## [9-16] CROSS HOLD, BALL CROSS STEP, CROSS ROCK RECOVER, ¼ SHUFFLE FORWARD

1-2              Cross LF over RF (1), hold (2)  
&3-4            Step RF to right (&), cross LF over RF (3), step RF to right (4)  
5-6              Cross rock LF over RF (5), recover onto RF  
7&8             ¼ Left step LF forward (7), step RF beside LF (&), step LF forward (8) (12:00)

## [17-24] ¼ HIP ROLL TOUCH HIP ROLL TOUCH COASTER STEP PIVOT 1/2

1-2              ¼ left step RF to right (1) Touch LF slightly to left (2) (9:00)

**Note: on count 1 roll hip back from left to right**

3-4              Step LF to left (3), touch RF slightly to right (4)

**Note: On count 3 roll hip back from right to left**

5&              Step Rf back (5), step LF beside RF (&), step RF forward (6)

7-8              Step LF forward (7), turn ½ right (8) (3:00)

## [25-32] STEP FORWARD, POINTS ½ TURN OUT OUT HEEL BOUNCE

1                Step LF forward (1),  
2-4              Making ¼ left point RF to right (2), 1/8 left point RF to right (3), 1/8 left point RF to right (4),  
&5              Step RF to right forward (&), step LF to left (5)  
6-8              Bounce heels 3 times while rolling hip anti clockwise from left (9:00)

**Any Enquiry Please Contact**  
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