Bitter Sweet Love



编舞者: Sisters Buttons (LAT) - November 2024

音乐: Bitter Sweet Love - James Arthur



Dance starts after 8 counts with Lyrics

Sequence: AAA BAA TAG AAA BAA AAA A(14 counts)END

PART A

WALK FORWARD X2, R MAMBO STEP, WALK BACK X2, L COASTER STEP

1-2 Walk forward RF, Walk forward LF

3&4 Rock RF forward, recover weight on LF, step RF back

5-6 Walk back on LF, Walk back on RF

7&8 Step LF back, step RF beside LF, step forward on LF

SIDE MAMBO CROSS R-L, PIVOT TURN 1/4 L, STEP ON PLACE X2

1&2 Rock RF to R side, recover weight on LF, cross RF over LF 3&4 Rock LF to L side, recover weight on RF, cross LF over RF

5-6 Step forward on R, pivot ¼ turn L

7-8 Step RF on place with hips bump to R, step LF on place with hips bump to L

* Tag here

PART B KNEE POP

&1-2 Small slide RF to LF, turn 1/8 right L knee moves forward by lifting and lowering heel from

and to the floor, turn 1/8 right changing leg to the R knee moves forward by lifting and

lowering heel from and to the floor

3-4 Turn 1/8 right L knee moves forward by lifting and lowering heel from and to the floor, turn 1/8

right changing leg to the R knee moves forward by lifting and lowering heel from and to the

floor

5-6 Turn 1/8 right L knee moves forward by lifting and lowering heel from and to the floor, turn 1/8

right changing leg to the R knee moves forward by lifting and lowering heel from and to the

tloor

7-8 Turn 1/8 right L knee moves forward by lifting and lowering heel from and to the floor, turn 1/8

right changing leg to the R knee moves forward by lifting and lowering heel from and to the

floor

V STEP, STEP FORWARD, 1/2 PIVOT, STEP FORWARD, 1/2 PIVOT

&1-2 Step RF forward onto R diagonal, step LF forward onto L diagonal

3-4 Step RF back to centre, step LF beside RF

Fraction Fra

Tag

Step RF on place with hips bump to R, step LF on place with hips bump to L
Step RF on place with hips bump to R, step LF on place with hips bump to L

Note: Finish:

At the end of final wall, don't make last counts (7-8 Step RF on place with hips bump to R, step LF on place with hips bump to L),

but step RF forward, make ½ turn L putting weight on LF

Ending facing 12:00

Hope you enjoy the dance.

Last Update: 11 Feb 2025