

APT Flashmob

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 0
编舞者: Zan Tan (SG) - November 2024
音乐: APT. - ROSÉ & Bruno Mars



Intro: starts after she sings "Game Start"

Sequence: AABBC AABBC AA tag BBBB* C, AAAA

Part A (16cts)

Section 1- Bump hips with APT HANDMOVES

- 1-4 With feet apart bump hips RLRL do the APT HANDMOVES at the right side (1-4) 12:00
5-8 With feet apart bump hips RLRL do the APT HANDMOVES at the left side (5-8)

Section 2 - Bump hips with APT HANDMOVES, Stomp R, Hold, Bounce ½ L

- 1-4 With feet apart bump hips RLRL do the APT HANDMOVES at the right side (1-4)
5-8 Stomp R fwd (5), hold (6), bounce heels while making ½ L, weight on L (7-8) 6:00

Part B (16cts)

Section 1 – R Kick Ball Change 2x, Weave L, Sweep L

- 1&2 Facing 10:30, Kick R fwd (1), step ball on R (&), step L slightly fwd (2) 10:30
3&4 Facing 10:30, Kick R fwd (3), step ball on R (&), step L slightly fwd (4)
5 - 6 Cross R over L (5), step L to side (6) 12:00
7 - 8 Step R behind L (7), sweep L backwards (8)

Section 2 – Weave ¼ R, R Chasse, ¼ R Long Side Step R, Drag L, Bounce Heels

- 1 - 2 Step L behind R (1), ¼ R stepping R fwd (2) 3:00
3&4 Step L to side (3), step R together (&), step L to side (4)
5 - 6 ¼ R Long side step to R (5), drag L towards R (6) 6:00
&7&8 Lift both heels up (&), drop heels (7), lift both heels up (&), drop both heels down (8)

****weight on L if repeat B again, weight on R if you continue with C.**

For Part B*

Section 1 – Remain the same

Section 2 – Weave ¼ R, Side L, ¼ R Long Step R, Drag L

- 1 – 4 Step L behind R (1), hold (2), ¼ R stepping R fwd (3), hold (4)
5 – 8 Step L to side (5), hold (6), ¼ R long step to R side and drag L towards R (7), hold (8)

Part C (32 cts)

Section 1 – Step L, Touch R, ¼ R Step R, Touch L, ¼ R Step L, Step R Together

- 1 - 4 Step L to side (1), touch R next to L (2), ¼ R stepping R to side (3), touch L next to R (4) 3:00
5 - 6 ¼ R stepping L to side (5), step R next to L (6) 6:00
7 - 8 Swivel both heels to R (7), swivel both toes to R (8), weight on R

Section 2 – L Rock, Recover, L Coaster, R Fwd, Pivot ½ L, R Ball Step, Long Step Fwd on L

- 1-2 Rock fwd on L (1), recover onto R (2),
3&4 Step L backward (3), step R together (&), step L fwd (4)
5- 6 Step R fwd (5), pivot ½ L recover on L (6) 12:00
&7-8 Step ball on R next to L (&), long step fwd on L (7), drag R fwd (8)

Section 3 – R Fwd Rock, Recover, Shuffle ½ R, Stomp L, Stomp R, Swivel heels to R then L

- 1- 2 Rock fwd on R (1), recover on L (2)
- 3&4 ½ R shuffle (3&4) 6:00
- 5-6 Stomp L fwd (5), Stomp R (6)
- 7 - 8 Swivel heels to R (7), swivel heels to L (8)

Section 4 – V-Step, Body Roll Up, (Hitch A Ride)

- 1-4 Step R out (1), step L out (2), step R back to center (3), close L together and slightly bend knees (4)
- 5 - 6 Roll your body up (5-6)
- 7 - 8 Flick R thumb to R, as if hitching for a ride (7-8), weight on L

Tag (16cts)

Section 1 – Side R, Touch L, Side L, Touch R, R Back, Touch L, L Forward, Touch R

- 1-4 Step R to side (1), touch L beside R (2), step L to side (3), touch R beside L (4) 12:00
- 5-8 Step R back (5), touch L beside R (6), step L fwd (7), touch R beside L (8)

Section 2 – Rock R back, Hold, Recover L, Hold, Step R, Hold, 1/8 L Cross Shuffle L

- 1-4 Rock R backwards and point both index fingers fwd (1), hold (2), recover on L (3), Hold (4)
- 5-8 Step R fwd (5), hold (6), 1/8 L and cross shuffle on L (7&8) 10:30

Flashmob grouping:

Group 1 – Full Dance

Group 2 – Join in from AABBC AA tag BBBB* C, AAAA

Group 3 – Join in from AA tag BBBB* C, AAAA

Group 4 – Join in from AAAA

Happy Danzin!

Stop worrying about what can go wrong, and get excited about what can go right!
