

Bigger the Hoops

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Gail Buswell (AUS) & Janelle Jansen (AUS) - October 2024
音乐: Bigger The Hoops - Tania Nichamin



Choreographed by request for Tania's 'Bigger the Hoops' music video :)

INTRO: 1 count (start on lyric 'hoops')

[1-8] HEEL TAP, STEP TOGETHER, HEEL, TOG, HEEL, HOOK, HEEL, TOG (x2)

- 1&2&3&4& Tap R heel to R diagonal, step R beside L (&), tap L heel to L diag, step L beside R (&), tap R heel, hook R across L shin (&), tap R heel, step R beside L (&)
- 5&6&7&8& * Tap L heel to L diagonal, step L beside R (&), tap R heel to R diag, step R beside L (&), tap L heel, hook L across R shin (&), tap L heel, step L beside R (&)

[9-16] 'K' STEP, VINE x2

- 1&2&3&4& Step R fwd to R diagonal, touch L beside R (&), step L back to L diagonal, touch R beside L (&), step R back to R diagonal, touch L beside R (&), step L fwd to L diagonal, touch R beside L (&). Clap on '&' counts
- 5&6&7&8& ** Step R to R side, step L behind R (&), step R to R side, touch L beside R (&), step L to L side, step R behind L (&), step L to L side, touch R beside L (&)

[17-24] DIAGONAL LOCK SHUFFLES x2, CROSS, BACK, SIDE SHUFFLE

- 1&2,3&4 Step R fwd to R diagonal, lock L behind R (&), step R fwd to R diagonal, step L fwd to L diagonal, lock R behind L (&), step L fwd to L diagonal ('Lasso' with R arm).
- 5,6,7&8 Cross R over L, step L back, shuffle to R stepping R to R side, step L together (&), step R to R side.

[25-32] SAILOR STEP, BEHIND, SIDE, TOUCH, HALF WALKAROUND

- 1&2,3&4 Step L behind R, step R to R side (&), step L to L side, step R behind L, step L to L side (&), touch R to R side (point R index finger down at floor on lyric 'hoe-DOWN').
- 5&6&7&8& Walkaround to R stepping R,L,R,L on counts 5,6,7,8, turning 1/8 to R with each step to make a half turn (raise arms and clap on '&' counts) (6:00)

RESTARTS:

- *1st restart after 8 counts during 2nd sequence (6:00)
**2nd restart after 16 counts during 5th sequence (6:00)

TAG x2: End of 8th sequence – the tag is danced once @ 12:00, then repeated @ 6:00

[T1-8] DIAGONAL SKATE x2, STOMP x3, SWING R AROUND, BACK LOCK SHUFFLE x2

- 1,2,3&4& Step/skate R to R diagonal, step/skate L to L diagonal, stomp R slightly fwd (weight onto R), stomp L slightly fwd (weight onto L) (&), stomp/bounce R beside L then swing R foot around front to back (&)
- 5&6,7&8 Step R back, lock L in front of R (&), step R back (turning shoulders to R diagonal), step L back, lock R in front of L (&), step L back (turning shoulders to L diagonal).

[T9-16] DIAGONAL STEP BACK & DRAG, VINE TO LEFT, HALF WALKAROUND

- 1,2,3&4& Large step R back to R diagonal, drag L toward R, step L to L side, step R behind L (&), step L to L side, touch R beside L (&)
- 5&6&7&8& Walkaround to R stepping R,L,R,L on counts 5,6,7,8, turning 1/8 to R with each step to make a half turn (raise arms and clap on '&' counts) (6:00)

ENDING: After count 16 of 11th sequence, dance counts [T1-8] twice @ 12:00 then add R skate, L skate, stomp fwd R,L,R

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