Mr Showman

拍数: 32

级数: Improver

编舞者: Rob Fowler (ES) - November 2024

音乐: I Am the Man - 2341studios

(1 Restart - Wall 3)

Intro: 16 counts (approx. 10s)

S1: Walk R, Walk L, R Rocking Chair, R Heel Rocks, Recover, R Behind, ¼ L, R Side

- 1,2 Walk forward R, walk forward L
- 3&4& Rock forward on R, recover weight on L (&), rock back on R, recover weight on L (&)
- 5& Rock forward on R heel, recover weight on L (&)
- 6& Rock R heel out to R side, recover weight on L (&)
- 7&8 Step R behind L, make ¼ turn L stepping forward on L (&), step R to R side [9:00]

S2: Behind L, Side R, Cross L, Step R ¼ R, Step L, Pivot ½ R, Walk Fwd L, R, L

- 1&2 Step L behind R, step R to R side (&), cross step L over R
- 3,4 Make ¼ turn R stepping forward on R, step forward on L [12:00]
- 5 Make ¹/₂ turn R (weight forward on R)
- 6,7,8 Walk forward L, walk forward R, walk forward L [6:00]
- RESTART: During WALL 3 please RESTART here facing 6 o'clock

S3: R Mambo Fwd, L Coaster, R Kick-Out-Out, Swivel R Heel-Toes-Heel

- 1&2 Rock forward on R, recover weight on L (&), step back on R
- 3&4 Step back on L, step R next to L (&), step forward on L
- 5&6 Kick R forward, small step R to R side (&), small step L to L side (shoulder-width apart)
- 7&8 Swivel R heel, toes (&), heel in towards L (keep weight on L) [6:00]

S4: Rumba Box Fwd, Rumba Box Back, R Shuffle Back, L Coaster

- 1&2 Step R to R side, step L next to R (&), step forward on R
- 3&4 Step L to L side, step R next to L (&), step back on L
- 5&6 Step back on R, step L next to R (&), step back on R
- 7&8 Step back on L, step R next to L (&), step forward on L [6:00]

Start Over





墙数:2