

Feeling So Lento ...

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Lento - Rudy Mancuso



Intro: 16C - NO TAG & NO RESTART

S1. VAUDEVILLE R/L, FORWARD& BACK MAMBO

1&2& Cross RF over LF, Step LF to L, Touch RF heel diagonal fwd R, Step RF next to LF
3&4& Cross LF over RF. Step RF to R, Touch LF heel diagonal fwd L, Step LF next to RF
5&6. Rock RF fwd, Recover onto LF, Step back on RF
7&8. Rock back on LF, Recover onto RF, Step LF fwd

S2. CROSS MAMBO R/L, ½R. MAMBO TURN, SAMBA WALK STYLE

1&2. Rock RF to R, Recover onto LF, Cross RF over LF
3&4. Rock LF to L, Recover onto RF, Cross LF over RF
5&6. Rock RF fwd, Recover onto LF, Turn ½R. Step RF fwd
7&8. Walk with your knees slightly bent RLR

S3. ¾R. DIAMOND (03.00)

1&2. Cross RF over LF, Step LF to L, Turn ¼R. Step back on RF (07.30)
3&4. Step back on RF, Turn ¼R. Step RF to R, Turn ¼R. Step LF fwd (10.30)
5&6. Step RF fwd, Turn ¼R. Step LF to L, Turn ¼R. Step back on RF (01.30)
7&8. Step back on LF, Turn ¼R. Step RF to R, Step LF fwd (03.00)

S4. SAMBA WISK R/L, FORWARD & BACKWARD TRIPLE STEP

1&2. Step RF to R, Rock LF behind RF, Recover on RF
3&4. Step LF to L, Rock RF behind LF, Recover on LF
5&6. Step RF fwd, Step LF beside RF, Step RF in place
7&8. Step back on LF, Step RF beside LF, Step LF in place

HAPPY & HEALTHY LINEDANCE ♥◻♥◻♥◻

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