

Alimony

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate - Country
编舞者: Kyung Hee Lee (KOR) - November 2024
音乐: Alimony - Miranda Lambert



Start the dance after 16 counts

SECTION 1: SIDE, KICK, BALL, CROSS, SIDE, SAILOR STEP, 1/4 TURN TO R WITH SAILOR TURN

- 1-2& Step LF to side, kick RF to R diagonal, RF replace with ball
- 3-4 Cross LF over RF, step RF to R side
- 5&6 Cross LF behind RF, closed RF to LF, step LF to L diagonal forward
- 7&8 Cross RF behind LF, 1/4 turn to R closing LF to RF, step RF to forward

SECTION 2: 1/2 TURN TO R WITH CHASE TURN, TOUCH BACK, 1/2 TURN TO L WITH FORWARD, 1/4 TURN TO L WITH SIDE, TOUCH

- 1-4 Step LF forward, 1/2 turn to R stepping RF forward, step LF forward, touch RF toe behind LF heel
- 5-8 Step RF backward, 1/2 turn to L with LF forward, 1/4 turn to L stepping RF side, touch LF next to RF

SECTION 3: SIDE SHUFFLE, 1/4 TURN TO R WITH SIDE SHUFFLE, 1/4 TURN TO L WITH SIDE SHUFFLE, BACKWARD ROCK, RECOVER

- 1&2 Step LF side, closed RF to LF, step LF side
- 3&4 1/4 turn to R stepping RF side, closed LF to RF, step RF side
- 5&6 1/4 turn to L stepping LF side, closed RF to LF, step LF side
- 7-8 Rock RF backward, recover on LF

SECTION 4: SIDE, HOLD, BALL, CROSS, SIDE, 1/4 TURN TO R WITH BACKWARD, HOOK, STEP, STAMP

- 1-2& Step RF to R side, hold, drag LF to RF and raise RF heel with ball
- 3-4 Cross RF over LF, step LF to side
- 5-8 1/4 turn to R with stepping RF backward, hook LF, step LF forward, stamp RF

TAG

On the Wall 5, you will dance until 8 counts, and you have to dance 4 counts of tag and start again
Tag step

- 1-4 (Step LF forward, 1/2 turn to R with step RF forward) x 2

Last Update - 23 Feb 2025 R2