

Shuffle Truffle

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sue Korek (USA) - 29 November 2024
音乐: I Had Some Help (feat. Morgan Wallen) - Post Malone
或: What Makes You Beautiful - One Direction



Alternate Music:

What Makes You Beautiful (One Direction--11 September 2011) bpm=125, Intro: 16 counts on lyric "Insecure..."

No tags, no restarts

Intro: 32 counts

Section 1 (WALK, WALK, SHUFFLE FWD; ROCK FWD, ROCK BACK, 1/4 TURN SHUFFLE LRL)

1-2 Step R forward, step L forward
3&4 Shuffle forward RLR
5-6 Rock L forward, rock R back
7&8 1/4 turn left shuffle forward LRL

Section 2 (ROCKING CHAIR, SHUFFLE FWD, SHUFFLE FWD)

1-2 Rock R forward, recover L
3-4 Rock R backward, recover L
5&6 Shuffle forward RLR
7&8 Shuffle forward LRL

Section 3 (FORWARD RIGHT RUMBA BOX WITH SHUFFLES)

1-2 Step R to right side, step L beside R
3&4 Shuffle forward RLR
5-6 Step L to left side, step R beside L
7&8 Shuffle backward LRL

Section 4 (ROCK, SHUFFLE BACK, ROCK, SHUFFLE FWD)

1-2 Rock R forward, recover L
3&4 Shuffle back RLR
5-6 Rock L back, recover R
7&8 Shuffle forward LRL

Enjoy the shuffle truffle!

Contact: suekorek@gmail.com

Last Update: 10 Apr 2025