# **Cowboy Out**

拍数: 32

级数: Beginner

编舞者: Ashley Pelletier (CAN) - November 2024

音乐: Cowboy Up - Kaylee Bell

## INTRO: 8 counts

Restarts : 1

### [1-8] HEEL, TOE, 1/4 PADDLE TURN LEFT 3X

- 1-2 Right heel fwd, touch Right Toe back
- 3-4 Step R foot forward, Pivot turn ¼ L
- 5-6 Step R foot forward, Pivot turn ¼ L
- 7-8 Step R foot forward, Pivot turn ¼ L

\*\* Styling Option: Lasso movement with right arm as you turn during the chorus \*\*

### [9-16] HEEL DIG X2, BACK, DRAG/STEP, SIDE, TOUCH, SIDE, TOUCH

- 1-2 Tap Right heel forward twice
- 3-4 Step RF far back, drag LF and step next to right
- 5-6 RF right, touch LF next to right
- 7-8 LF left, touch RF next to left
- \*\* Styling Option: Snap Fingers Up and down on step touches \*\*

### [17-24] R&L STEP LOCK, LOCKING SHUFFLE

- 1-2 Step RF forward, Step LF behind right
- 3&4 Step RF forward, Step LF behind right, Step RF forward
- 5-6 Step LF forward, Step RF behind left
- 7&8 Step LF forward, Step RF behind left, Step LF forward
- \*\* Styling Option: Pop knee forward on counts 2 and 6 \*\*

\*\*\*\*\* Restart here on wall 4 facing 12 \*\*\*\*

### [25-32] JAZZ BOX, V-STEP

- 1-2 Cross right over left, step left back
- 3-4 Step right to right, step left beside right
- 5-6 Step right forward to right diagonal, step left to left diagonal
- 7-8 Step right back, step left beside right

\*\* Styling Option: Accentuate Hips towards exterior during V-Step \*\*

RESTART: Wall 4 facing 12 after 24 counts

Last Update: 10 Feb 2025





**墙数:**4