# Cowboy Break My Heart



编舞者: Angéline Fourmage (FR), Maryse Fourmage (FR) & Sophie Ruhling (FR) - 10

December 2024

音乐: Cowboy Break My Heart - Tanner Adell



Start: 16 counts (0,7s - On the lyrics)

Sequence: A-Tag-A-A-16-A-Tag-A-A-A-Tag-Tag

### [1-8] Triple-Step, Triple-Step, Rock step, Triple-Turn ¾ R

1&2 RF FW, LF next to RF, RF FW 3&4 LF FW, RF next to LF, LF FW

5-6 RF FW, Recover to LF

7&8 Triple-Turn ¾ R (Make ½ R with RF FW, LF next to RF, Make ¼ R with RF FW)

## [9-16] Kick, Ball, Cross, Kick, Ball, Cross, Stomp, Swivel Toe, Swivel Heel, Hitch

1&2 Kick LF on L diagonal, LF next to RF, Cross RF over LF3&4 Kick LF on L diagonal, LF next to RF, Cross RF over LF

5 Stomp LF to the L side 6-7 R Heel inside, R Toe inside

8 R Hitch (Restart)

## [17-24] Triple-Step Back, Triple-Step Back, Rock-Step, Full-Turn L

1&2 RF Back, LF next to RF, RF Back
3&4 LF FW, RF next to LF, LF Back

5-6 RF Back, Recover to LF

7-8 Make ½ L with RF back, Make ½ L with LF FW

#### [25-32] Stomp R, Hold with Clap, Stomp L, Hold with Clap, Vine ¼ R, ¼ R Stomp L

1&2 Stomp RF FW, Clap, Clap
3&4 Stomp LF FW, Clap, Clap
5-6 RF to the R side, LF behind RF

7-8 Make ¼ R with RF FW, Make ¼ R with LF next to RF

#### Tag: 8 count

### [1-8] Basic Night-Club R, Basic Night-Club L, Weave 1/4 R, Sweep, Rock-Step

1-2& RF to the R side, Cross LF behind RF, Cross RF over LF3-4& LF to the L side, Cross RF behind LF, Cross LF over RF

5-6& Make ¼ R with RF to the R side with L Sweep from font to the back, Cross LF behind RF, RF

to the R side

7-8& Cross LF over RF, RF to the R side, Recover to LF

#### Smile and enjoy the dance

Contact: maellynedance@gmail.com

sosoruhling@yahoo.fr