

Is It Too Late

COPPER **KNOB**
BY SHEILA KENNY

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sheila Kenny (USA) - December 2024
音乐: Solo - Myles Smith



No Tags No Restarts Start on Vocals

Intro. 16 cts/8sec

Section 1 Toe Points x 2, Sailor Step x 2

1,2 Point Right Toe forward, Point Right Toe to Right side
3&4 Cross RF behind LF, Step LF to Left side, Step RF to Right side
5,6 Point Left Toe forward, Point Left Toe to Left side
7&8 Cross LF behind RF, Step RF to Right side, Step LF to Left side

Section 2 Kickball Change x 2, Jazz Box/Right ¼ Turn

1&2 Kick RF Forward, Step on ball of RF rolling RF flat next to LF while raising LF at same time, Recover Weight on LF with Right Toe Touch.
3&4 Repeat as in 1&2
5,6 Cross, RF over LF, Step back on LF
7,8 Turn ¼ Right stepping RF forward (3:00), Step LF next to RF

Section 3 Grapevine x 2

1-4 Step RF to Right side, Cross LF behind RF, Step RF to Right side, Touch Left Toe next to RF
5-8 Step LF to Left side, Cross RF behind LF, Step LF to Left side, Touch Right Toe next to LF

Section 4 Shuffle back x 2, Reverse Right Rocking Chair

1&2 Step back on RF, Slide LF back next to RF, Slide RF back
3&4 Step back on LF, Slide RF back next to LF, Slide LF back
5-8 Rock back on RF, Recover weight forward on LF, Rock forward on RF, Recover weight back on LF

To teach balance and the Sailor Step.

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