

No Longer Alone

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sue Korek (USA) - 16 December 2024
音乐: 2 Of Us Alone - Morgan Wallen
或: For Once In My Life - Stevie Wonder



Alternate Music:

For Once In My Life (Stevie Wonder--15 October 1968), bpm=110, Intro: 24 counts

No tags, no restarts

Intro: on lyrics "I see you there."

SECTION 1 (RIGHT LOCK STEP, SCUFF, LEFT LOCK STEP, SCUFF)

1-2 Step R forward, step lock L behind R
3-4 Step R forward, scuff L
5-6 Step L forward, step lock R behind L
7-8 Step L forward, scuff R

SECTION 2 (WEAVE LEFT, CROSS ROCK, SHUFFLE RLR)

1-2 Step R over L, step L to side
3-4 Step R behind L, step L to side
5-6 Rock R over L, recover L
7&8 Shuffle RLR to right

SECTION 3 (WEAVE RIGHT, CROSS ROCK, SHUFFLE LRL)

1-2 Step L over R, step R to side
3-4 Step L behind R, step R to side
5-6 Rock L over R, recover R
7&8 Shuffle LRL to left

SECTION 4 (MONTANA/CHARLESTON, 1/4 TURN RIGHT, MONTANA/CHARLESTON)

1-2 Step R forward, kick L forward
3-4 Recover L, touch R back
5-6 1/4 turn right step R, kick L forward
7-8 Recover L, touch R back

Enjoy this Beginner dance!

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Last Update: 29 Apr 2025