

G Bop Ezy

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Leticia Whitten - December 2024
音乐: G-Bop - Kenny G



I believe soul line dances are usually learned by watching people dance it, memorizing the steps, how they fit the music, and making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts 32 counts in.

FORWARD TRIPLE STEPS, HIP ROLLS/SIDE ROCKS

1&2 3&4 Right forward, left, right then left, right, left

5&6 7&8 Step right, tap left, step left, tap right

BACK LOCKING STEPS, HIP ROLLS/SIDE ROCKS

1&2 3&4 Step back right, lock left foot in front of right, right back, step left back, right front of left, left back

5&6 7&8 Step right, tap left, step left, tap right

GRAPEVINES

1 2 3 4 Step right to side, left behind right, side step right, tap left

5 6 7 8 Step left to side, right behind left, side step left, tap right

SAILOR STEPS, QUARTER LEFT TURN TO 9:00

1&2 3&4 Right sailor step, left sailor step

5&6 7&8 Right sailor step, left sailor step making quarter turn left

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com