

K2C to Be Real

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Keema (USA) - December 2024
音乐: Got To Be Real (feat. Will Smith) - Mary J. Blige



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, and making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts after 8 beats.

WALK UP, HIP ROLLS, BEGIN AT 12:00

1 2 3 4 Walk forward right, left, right, left
5 6 7 8 Roll hips to left, roll hips to right

WALK BACK, HIP ROLLS

1 2 3 4 Walk back right, left, right, left
5 6 7 8 Roll hips to left, roll hips to right

GRAPEVINES TO RIGHT AND LEFT

1 2 3 4 Grapevine to right
5 6 7 8 Turning grapevine to left

DIPPING FORWARD STEPS, SAILOR STEPS, QUARTER LEFT TURN

1 2 3 4 Step forward on right dipping for 2 counts, step forward on left dipping for 2 counts
5&6 7&8 Right sailor step, left sailor step making 1/4 turn to left

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