An Awesome Line Dance (Gospel)

COPPER KNOB

拍数: 32

墙数:4

级数: Improver

编舞者: Denise "FX" Lindsay (USA) - December 2024

音乐: He Reigns / Awesome God (Live at Lakewood Church, Houston, TX, 06/16/2000) - Kirk Franklin

I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts the last time Kirk says Get Up and the horns start in the music.

"SLIDE UPS" WITH SLIDE-A-TUDE ALL AT 12:00

- 1 2 Step on angle forward on right, slide left foot up to right
- 3 4 Step on angle forward on left, slide right foot up to left
- 5 6 7 8 Repeat forward steps 1-4 above

"BRING IT BACK"/BACK SLIDES ALL AT 12:00

- 1 2 Step back on right on angle, slide left foot back to right
- 3 4 Step back on left on angle, slide right foot back to left
- 5 6 7 8 Repeat backward steps 1-4 above

"TAKE A WALK" / GRAPEVINE TO RIGHT AT 12:00

1 2 3 4 Starting with right foot grapevine to right

"NOW TURN IT" / QUARTER LEFT TURN USING STEP TOUCHES AT 9:00 WALL

- 5 6 Step on left starting quarter turn left, step on right
- 7 8 Step on left starting quarter turn left, step on right

"STOMP LIFTS", KICKS

- 1 2& Stomp on right foot, lift right foot on 2, replace on &
- 3 4& Stomp on left foot, lift left foot on 2, replace on &
- 5&6& Kick right foot, replace, kick left foot, replace
- 7&8& Kick right foot, replace, kick left foot, replace

Last Update - 1 Jan 2025 - R2

