

Shadow Dancing

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sheila Kenny (USA) - January 2025
音乐: Shadow Dancing - Andy Gibb



Long Intro. 101 BPM/Approx. 22 sec Start on Vocals 1 Tag No Restarts

Sec. 1 Night Club x2, Toe Strut x 2

1,2& Step RF wide to Right side, Drag LF behind RF rocking back on LF, Recover weight on RF
3,4& Step LF wide to Left side, Drag RF behind LF rocking back on RF, Recover weight on LF
5,6 Step RF forward on Right Toe, Drop Right Heel
7,8 Step LF forward on Left Toe, Drop Left Heel

Sec. 2 Right Jazz Box w/ ¼ Turn Right, Rock/Recover, Back Right Coaster

1-4 Cross RF over LF, Step back on LF, Turn ¼ Right stepping RF forward (3:00), Step LF next to RF
5,6 Rock forward on RF, Recover weight back on LF
7&8 Step back on RF, Step LF next to RF, Step RF forward

Sec. 3 Cross Points Forward and Back

1-4 Cross LF over RF, Point Right Toe to Right side, Cross RF over LF, Point Left Toe to Left side
5-8 Step back on LF, Point Right Toe to Right side, Step back on RF, Point Left Toe to Left side

Sec. 4 Left Jazz Box, Side Together Side x 2

1-4 Cross LF over RF, Step back on RF, Step LF to Left side, Touch Right Toe next to LF
5&6 Step RF to Right side, Step LF next to RF, Step RF to Right Side
7&8 Step LF to Left side, Step RF next to LF, Step LF to Left side

Tag Reverse Right Rocking Chair (At the End of Wall 4 12:00)

1-4 Rock back on RF, Recover weight on LF, Rock Forward on RF, Recover weight back on LF

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