See The Light

拍数: 16

级数: Absolute Beginner

编舞者: Sheila Kenny (USA) - January 2025

音乐: See The Light - Stephen Sanchez

Intro. Approx. 20 counts/10 sec. - Start on the word "Gone" - No Tags No Restarts

Sec. 1 Lindy x 2

- 1&2 Step RF to Right side, Slide LF next to RF, Step RF to Right side
- 3,4 Rock back on LF, Recover weight forward on RF
- 5&6 Step LF to Left side, Slide RF next to LF, Step LF to Left side

墙数:2

7,8 Rock back on RF, Recover weight forward on LF

Sec. 2 Forward Lock Steps, Left ½ Pivot Turn, Rock/Recover

- 1&2 Step RF forward, Cross LF behind RF, Step RF forward
- 3&4 Step LF forward, Cross RF behind LF, Step LF forward
- 5,6 Step forward on RF and Pivot ½ Turn Left, Recover weight on LF (6:00)
- 7,8 Rock forward on RF, Recover weight back onto LF

32 Count

#4 Wall Dance: Substitute Second Left $\frac{1}{2}$ Pivot Turn for a Left $\frac{1}{4}$ Pivot Turn (3:00) One Restart Wall 4 After Section 2 (3:00) when doing this as a 4 Wall dance.

Note: Shuffle steps may be substituted for Lock Steps depending on Skill Level and Comfort.

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