

# Bala - Bala

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Bala-Bala - Deredia



Intro : 16 counts

## I. FLICK SIDE, JAZZ BOX

- 1-2      Bend RF to R, step RF beside LF.
- 3-4      Bend LF to L, step LF beside RF.
- 5-8      Cross RF over LF, step LF back, step RF to R, step LF forward.

## II. STEP SIDE

- 1-2      Step RF to R while move shoulder up and down.
- 3-4      Step LF beside RF while move shoulder up and down.
- 5-6      Repeat 1-2.
- 7-8      Repeat 3-4.

## III. TURN $\frac{1}{8}$ , TOE STRUD, KICK, BACK, TURN $\frac{3}{8}$

- 1-2      Turn  $\frac{1}{8}$  to R touch R toe, step R heel down.
- 3-4      Touch L toe, step L heel down.
- 5-6      Kick RF forward, step RF back.
- 7-8      Turn  $\frac{1}{8}$  to L step LF side, turn  $\frac{1}{4}$  to L step RF forward.

## IV. TWIST, SIDE, DRAG

- 1-4      Swivel heel and toe to L
- 5-8      Big step RF to R (5), drag LF to RF (move slowly 6-8).

## TAG after wall 3

- 1-2      Kick RF to R, step close together beside LF (while shoulder up and down)
- 3-4      Kick LF to L, step close together beside RF (while shoulder up and down)

HAPPY DANCING!!! ☺