

Ring Ring

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - January 2025
音乐: Ring Ring - MIRA : (Spotify/YouTube Music/Deezer/Apple Music)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Cross-Samba, Rocking Chair, Fwd-1/4L Samba, Cross Rock-1/4R

1&2 Cross R over L, Samba rock L to the side, Replace weight on R
3&4& Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R
5&6 Step forward on L, Make a ¼ turn left samba rock R to the side (9:00), Replace weight on L
7&8 Rock/across R over L, Replace weight on L, Make a ¼ turn right stepping R to the side (12:00)

[S2] Cross Rock-Side, 1/2L Shuffle Back, 1/4L Side-Cross Rock-Side- Cross Samba

1&2 Rock/across L over R, Replace weight on R, Step L to the side
3&4 Making a ½ turn left shuffle back on R-L-R (6:00)
5&6& Make a ¼ turn left stepping L to the side (3:00), Rock/across R over L, Replace weight on L, Step R to the side
7&8 Cross L over R, Samba rock R to the side, Replace weight on L

- Restart here on Wall 2 and Wall 6

[S3] Behind-Point, Behind-1/4R-Point-&-Point into Monterey 1/2R-Point-& Cross Rock

1 2 Step R behind L, Point L to the side
3&4& Step L behind R, Make a ¼ turn right stepping forward on R (6:00), Point L to the side, Step L next to R
5 6 Point R to the side, Monterey turn ½ right on L foot stepping R close to L (12:00)
7&8& Point L to the side, Step L next to R, Rock/ across R over L, Replace weight on L

[S4] 1/4R-1/2R-Back-Lock-Back, 1/4L-1/4L-Sailor Step

1 2 Make a ¼ turn right stepping forward on R, Make a ½ turn right stepping back on L (9:00)
3&4 Step back on R, Lock/across L over R, Step back on R
5 6 Make a ¼ turn left stepping forward on L, Make a ¼ turn left stepping R to the side (3:00)
7&8 Step L behind R, Step R to the side, Step L to the side

Restart on Wall 2 counts 16 (6:00) and Wall 6 counts 16 (6:00)

TAG: 4 Counts Tag at the end of Wal 4 (12:00) – Cross-Samba, Forward Rock, Back w/Hitch

1&2 Cross R over L, Samba rock L to the side, Replace weight on R
3&4 Rock forward on L, Replace weight on R, Step/sit back on L and slightly hitch R knee

Ending suggestion: The last wall starts facing 12:00. Dance up to count 4&, step L forward.

(updated: 7/Jan/25)