

# Rock and Roll Rocking Chair

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Sue Korek (USA) - 12 January 2025  
音乐: Any Way You Want It - Journey  
或: (I Can't Get No) Satisfaction - The Rolling Stones



## Alternate Music:

(I Can't Get No) Satisfaction (The Rolling Stones—6 June 1965) Intro: 32 counts, bpm=136

No tags, no restarts

Intro: after 9 seconds; on lyrics "She loves to laugh..."

## Section 1 (FORWARD RIGHT RUMBA BOX WITH HOLDS)

1-2            Step R to right side, step L beside R  
3-4            Step R forward, hold  
5-6            Step L to left side, step R beside L  
7-8            Step L back, hold

## Section 2 (LINDY RIGHT, LINDY LEFT)

1&2           Step R right side, shuffle L beside R, step R to right side  
3-4           Rock L behind R, recover R  
5&6           Step L left side, shuffle R beside L, step L to left side  
7-8           Rock R behind L, recover L

## Section 3 (SHUFFLE FORWARD, ROCK, SHUFFLE BACK, ROCK)

1&2           Step R forward, step L beside R, step R forward  
3-4           Rock L cross R, recover R  
5&6           Step L back, step R beside L, step L back  
7-8           Rock R behind L, recover L

## Section 4 (ROCKING CHAIR, 1/4 TURN LEFT, ROCKING CHAIR)

1-2           Rock R forward, recover L  
3-4           Rock R back, 1/4 turn left step L  
5-6           Rock R forward, recover L  
7-8           Rock R back, recover L

Enjoy this Beginner dance with left turning rocking chair!

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