

Bella Ciao EZ

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Diana Liang (CN) - January 2025
音乐: Bella Ciao - Esteriore Brothers



Intro: 16

S1: Forward Point, Mambo, Sit

1-4 step Rf forward, point Lf to L, step Lf forward, point Rf to R
5-8 rock Rf forward, recover to Lf, step Rf back, point Lf in front of Rf bending R knee

S2: Forward, Hold, 1/4L Pivot, Weave

1-4 step Lf forward, hold, step Rf forward, turn 1/4 to L stepping Lf in place, 9H
5-8 cross Rf over Lf, step Lf to L, step Rf behind Lf, step Lf to L

Restart here during W3 / W7

S3: Cross Rock Recover Side Drag, Cross Back Side Drag

1-4 cross rock Rf over Lf, recover to Lf, step Rf big to R, drag Lf towards Rf
5-8 cross Lf over Rf, step Rf back, step Lf big to L, drag Rf towards Lf

S4: Forward Hold 1/2R Pivot, Mambo Hook

1-4 step Rf forward, hold, step Lf forward, turn 1/2 to R stepping Rf in place, 3H
5-8 rock Lf forward, recover to Rf, step Lf back, hook Rf over Lf

Tag here 4C after W5, moves @ the
choice of dancers

Suggestions: hands shake, hug-bye, or exchange position with other dancers

Thanks and happy dancing!

Contact: procankm@hotmail.com

Please check with copperknob for other 2 improver level choreographies
