Bad Dreams

拍数: 32

级数: Easy Improver

编舞者: Sue Langridge (UK) - January 2025

音乐: Bad Dreams - Teddy Swims

#32 Count Intro - No Tags/Restarts

Grapevine R Tap, Grapevine ¼ Turn Tap

- 1, 2 Step R to R side, L behind R
- 3, 4 R to R side, Tap L beside R
- 5, 6 Step L to L side, R behind L
- 7,8 L ¼ turn L, Tap R beside L (9:00)

K Step ¼ Turn Tap

- 1,2 Step R fwd diagonally, Tap L beside R
- 3,4 Back L diagonally, Tap R beside L
- 5,6 Back R diagonally, Tap L beside R
- 7,8 L ¼ turn L, Tap R beside L (6:00)

Side Rock, Back Rock, Side Behind, ¼ Turn, ¼ Turn

- 1,2 Rock R to R side, Recover on L
- 3,4 Rock back on R, Recover on L
- 5,6 Step R to R side, L behind R
- 7,8 R ¼ turn R, L ¼ turn R (12:00)

Back Rock, Triple 1/2 Turn, Shuffle Back L, Back Rock

- 1,2 Rock back on R (angle body slightly to R) Recover on L
- 3&4 Triple step ½ turn L (R,L,R)
- 5&6 Shuffle back L,R,L
- 7,8 Rock back on R, Recover on L (6:00)

On last wall, as music fades, dance up to count 24, Back Rock on R, Recover on L, Step fwd together R, L

Last Update: 3 Feb 2025





墙数:2