

Keep to Myself

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Rita De Los Angeles (USA) - January 2025
音乐: Keep to Myself - Rita De Los Angeles



The song begins with a 16-count Intro. The dance begins when the vocals start on beat 17.

STEP TOUCHES

- 1 Step side right on right foot
- 2 Step side right to center
- 3 Step side left on left foot
- 4 Step side left to center
- 5 Step side right on right foot
- 6 Step side right to center
- 7 Step side left on left foot
- 8 Step side left to center

Optional: Swing arms toward shoulder on counts 1, 3, 5 & 7 and back to center on counts 2, 4, 6, & 8

ROCKING CHAIR (RIGHT FOOT)

- 1 Rock forward on right foot
- 2 Recover on left foot
- 3 Rock back on right foot
- 4 Recover on left foot
- 5 Rock forward on right foot
- 6 Recover on left foot
- 7 Rock back on right foot
- 8 Recover on left foot

HALF-TURNS

- 1 Step forward with right foot
- 2 Half turn left
- 3 Step forward with right foot
- 4 Half turn left

Optional: swing right arm like lasso rope while turning

GRAPEVINE

- 1 Step right to right side
- 2 Cross left behind right
- 3 Step right to right side
- 4 Touch left to right and clap
- 5 Step left to left side
- 6 Cross right behind left
- 7 Step left to left side
- 8 Step right to left

SWIVELS

- 1 Swivel heels to right
- 2 Swivel heels to center
- 3 Swivel heels to left
- 4 Swivel heels to center

FORWARD & BACKWARD WALKS

- 1 Walk forward right
- 2 Walk forward left
- 3 Walk forward right
- 4 Kick left and clap
- 5 Walk back left
- 6 Walk back right
- 7 Walk back left
- 8 Stomp right

JAZZ BOX WITH CROSS

- 1 Cross right over left
- 2 Step back on left
- 3 Step right to right side
- 4 Step forward on left
- 5 Cross right over left
- 6 Step back on left
- 7 Step right to right side side
- 8 Step forward on left

REPEAT
