

Down in Boots

拍数: 32 墙数: 4 级数: Beginner
编舞者: Laura Rittenhouse (AUS) - January 2025
音乐: Down In Boots - Y.O.G.A., Kaylee Bell & Blake O'Connor



Start after 4 counts with singing (or wait 20)

S1: DOUBLE TIME RAMBLE R&L; DIAGONAL SIDE STEPS FWD R&L

1&2,3&4 Swivel both heels right, Swivel both toes right, Swivel both heels right, Swivel both heels left,
Swivel both toes left, Swivel both heels left
5,6,7,8 Step R fwd at R diagonal, Touch L beside R, Step L fwd at L diagonal, Touch R beside L
(optional to clap on touches)

S2: DOUBLE TIME LOCK BACK R&L; DIAGONAL SIDE STEP BACK R; DIAG STEP FWD L

1&2, 3&4 Step back on R, Lock L in front of R, Step back on R, Step back on L, Lock R in front of L,
Step back on L
5,6,7,8 Step R back on R diagonal, Touch L beside R, Step L fwd on L diagonal, Touch R beside L
(optional to clap on touches)

S3: SYNCOPATED VINE ENDING WITH SIDE-CROSS-SIDE R&L

1,2,3&4 Step R to R, Cross L behind R, Step R to R, Cross L in front of R, Step R to R
1,2,3&4 Step L to L, Cross R behind L, Step L to L, Cross R in front of L, Step L to L

(S3 alternate: Lindy R & L - as an alternative for an easier option to the syncopated vine of S3)

(1-8 Shuffle R with a back crossing rock; Shuffle L with a back crossing rock)

S4: DOUBLE TIME DOUBLE SIDESTEPS FWD AT DIAGONALS R & L; STEP BACK ON R DIAG; STEP BACK ON L DIAG TO TURN ¼ L

1&2,3&4 Step R up to R diagonal, Step L beside R, Step R up to R diagonal, Step L up to L diagonal,
Step R beside L, Step L up to L diagonal
5,6,7,8 Step R back on R diagonal, Touch L beside R, Turn ¼ L stepping L back on L diagonal
(9:30), Step R beside L (optional to clap on touches)

Last Update: 17 Feb 2025