

# Feelin' Awesome

**COPPER KNOB**  
STEPPERS

拍数: 48      墙数: 4      级数: Improver  
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音乐: What Doesn't Kill You - Randall King



## #32 Counts Intro / 2 Restarts

### [1-8] SIDE ROCK, CROSS SHUFFLE, ½ HINGE TURN, CROSS SHUFFLE

1-2      Rock R to R side (1), Recover on L (2)  
3&4      Cross R over L (3), step L next to R (&), Cross R over L (4)  
5-6      ¼ turn R stepping back on L (5), ¼ turn R stepping side on R (6) 06:00  
7&8      Cross L over R (7), step R next to L (&), Cross L over R (8)

### [9-16] FIGURE 8 (SIDE, BEHIND, ¼ TURN, ½ STEP TURN, ¼ TURN, BEHIND, ¼ STEP)

1-2      Step R to R side (1), cross L behind R (2)  
3-4      ¼ turn R step forward on R (3), step forward on L (4) 09:00  
5-6      ½ turn R while recover on R (5), ¼ turn R step L to L side (6) 06:00  
7-8      Cross R behind L (7), ¼ turn L step L forward (8) 03:00

### [17-24] CHASSE, ROCK BACK, CHASSE, ¼ ROCK BACK

1&2      Step R to R side (1), Step L next to R (&), Step R to R side (2)  
3-4      Rock L back (3), Recover on R (4)  
5&6      Step L to L side (5), Step R next to L (&), Step L to L side (6)  
7-8      ¼ Turn R while rock R back (7), Recover on L (8) 06:00

### [25-32] POINT & HEEL, HELL & POINT, ROCKING CHAIR

1&2&      Point R to R side (1), Step R next to L (&), touch L heel forward (2), step L next to R (&)  
3&4&      Touch R heel forward (3), Step R next to L (&), Point L to L side (4), step L next to R (&)  
5-6      Rock R forward (5), Recover on L (6)  
7-8      Rock R back (7), Recover on L (8)

**Restart here on wall 6 - Start at 9:00 and restart facing 03:00**

### [33-40] SIDE ROCK, BEHIND SIDE ¼ TURN, ROCK FWD, ½ SHUFFLE FWD

1-2      Rock R to R side (1), Recover on L (2)  
3&4      Cross R behind L (3), step L to L side (&), ¼ turn while step forward on R (4) 03:00  
5-6      Rock L forward (5), recover on R (6)  
7&8      ¼ Turn L stepping L to L side (7), Step R next to L (&), ¼ Turn L stepping forward on L (8) 09:00

### [41-48] POINT & HEEL, HELL & POINT, ROCKING CHAIR

1&2&      Point R to R side (1), Step R next to L (&), touch L heel forward (2), step L next to R (&)  
3&4&      Touch R heel forward (3), Step R next to L (&), Point L to L side (4), step L next to R (&)

**Restart here on wall 5 - Start at 12:00 and restart facing 09:00**

5-6      Rock forward on R (5), Recover on L (6)  
7-8      Rock back on R (7), Recover on L (8)

**Slower Option for Section 4 (25-28) & 6 (41-44):**

**Do the first four counts like this "Point R to R (1) Step R next to L (2) Point L to L (3) Step L next to R (4)**

**Restart 1 – Wall 5 after count 44 facing 09:00**

**Restart 2 – Wall 6 after count 32 facing 03:00**

Ending – Wall 8 after count 26 step R forward (5), ½ turn L while recover on L (6)  
SMILE & FEEL AWESOME – YOU GOT IT ☐

Last Update: 17 Jan 2025

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