

B and P Style (Chicago Steppin')

COPPER KNOB
STEPPERS

拍数: 64 墙数: 1 级数: Advanced
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音乐: Stomp - ShaProStyle



I believe soul line dances are usually learned by watching people dance it and memorizing the steps, how they fit the music, and making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts when the singers start vocalizing. This dance is based on Chicago Steppin's 8 count and 6 count patterns. This is **ADVANCED LINE DANCING AND CHICAGO STEPPING CHOREOGRAPHY**.

STEPPIN STARTER

7 8 Low kick left foot forward, small step back on right

BASIC CHICAGO STEPPIN' WITH TIC, SWEEP/SWIVEL ON LEFT, HOOD WALK

&1& Step forward on left, forward on right, forward on left
&3& Step on right on &, tic with left on 3, step back on left on &
4 Step right foot back
5 6 Sweep left foot to back, sweep right foot back,
7&8 Step on right for 7, recover on left for &, recover right/lift left knee/hood walk

PIVOT RIGHT HALF TURN, CHICAGO STYLE "DOUBLE"TURN RIGHT (3 1/2 TWO STEP RIGHT TURNS), CROSS SHUFFLE, CLAPS ON 8&1

1 2 Step up on left pivoting on right and landing on right to face 6:00
3&4 Turn right on left right complete turns twice
5&6 Turn right on left right to do complete turn once, half turn ending on right for 6
7 8 Cross shuffle to right with left foot over right, step on right, left foot cross over right, claps on "&" then 8

PUSH 3/4 TRIPLE TURN RIGHT, LEFT HALF TRIPLE TURN, SAMBA BASIC

1&2 Push on right, recover on left, step on right
3 4 Continue right turn stepping on left, right, left to face 6:00, left foot back to prep for next turn
5&6 Make half triple left turn to face the front on right, left, right
7&8 Samba basic - step on right, step out/back on left, step on right

GRAPEVINE, PUSH HALF BACKWARD TURN TO RIGHT, CROSS TURN BACK, CROSS SHUFFLE STEP, CLAPS

1&2 Cross left in front of right, step right side, step left behind
3&4 Push on right foot to make half backward turn stepping right, left to face 6:00
5&6 Cross left front over right then turn back, i.e. half turn left, finish stepping on right, left at 12:00
7&8 Cross shuffle to left front diagonal on right left right, claps on "&" then 8

LEFT PUSH DRAG, 4 COUNT STEP LIFTS, STEPPING ROCKING CHAIR STEPS

1 2 Point left side, drag left to right, step on right
&3&4 Left lift right lift (OR left right left right)
5&6& Step up on left, recover on right, up on left, recover
7 8 Step up on left, recover on right

LEANS/ FOOT/KNEE SWIVELS, CROSS AND CROSS, CLAPS

1 2 3 4 Walk left, right, then bend while swiveling toes in/heels out, then back in,
5 6 Swivel again this time bringing right foot back home stand up all on 6
7&8 Cross shuffle right, over left, step on right claps on "&" then 8

OUT AND BACK, PUSH HALF LEFT TURN, CROSS AND KICK SIDE, QUARTER TURN RIGHT, SCUFF RIGHT

- 1&2 Right foot out, place right foot behind left,
- 3&4 Push on step out on left foot and push on it turning left for 3&, end facing 6:00 on left
- 5&6& Cross right foot over left, step to side on left, kick right foot, step on right
- 7 8 Step on left, right facing 9:00

SWING HOOK, STEP DOWN, OUT BEHIND, PUSH HALF TURN LEFT, ROCK BACK, RECOVER

- 1 2 Swing left foot up, then in front hooking over right standing leg
- &3&4 Step down on left foot, step out on right, place left behind
- 5&6 Push on right foot starting half turn to left, chugging back tapping on left to face 12:00
- 7 8 Rock back on left, recover right

RESTART ENTIRE DANCE

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