She Got My Head Spinnin'



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音乐: Cowgirl - Parmalee



#16 Count Intro on lyrics. No tags or restarts. Weight starts on L.

TOUCH HEEL UP, TOUCH TOGETHER, POINT TOE TO SIDE, STEP FEET TOGETHER x2

Touch R heel forward, touch next to L foot, point R toe to R, and step R down next to L
 Touch L heel forward, touch next to R foot, point L toe to L, and step L down next to R

WALK FULL CIRCLE OVER LEFT SHOULDER & TWO HIP ROLLS w/ LASSO

1-4 Walk R, L, R, L in a full circle (style option: put hands to side to "fly")

& Step R foot slightly apart from L

5-8 Roll hips R to L in a counterclockwise circle w/ R arm lasso twice (weight ends on L)

GRAPEVINE w/ HEEL TOUCH x2

Step R out, step L behind, step R out, and touch L heel forward (no weight on heel)
Step L out, step R behind, step L out, and touch R heel forward (no weight on heel)
(style option: put thumbs in belt loops)

1/2 TURN OVER LEFT SHOULDER w/ STEP & CLAP x4

1-2	Turn 1/8 w/ step R, touch L together & clap
3-4	Turn 1/8 w/ step L, touch R together & clap
5-6	Turn 1/8 w/ step R, touch L together & clap
7-8	Turn 1/8 w/ step L, touch R together & clap