

Back to the Hills

拍数: 32 墙数: 4 级数: Beginner
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音乐: The Hills - The FAIM



Intro: 16 counts start with the word "eyes" of the Track
NO TAGS, NO RESTART

[1-8] Stomp, swivels, stomp, swivels

1-2-3-4 (1) Stomp R diagonally fwd., (2-3-4) swivel L - heel, toes, heel towards R 12.00

5-6-7-8 (5) Stomp L diagonally fwd., (6-7-8) swivel R - heel, toes, heel towards L 12.00

[9-16] Back, touch clap, back, touch clap, back, touch clap back, touch clap

1-2-3-4 (1) Step diagonally back on R., (2) touch L next to R and clap, (3) step diagonally back on L,
(4) touch R next to L and clap 12.00

5-6-7-8 (5) Step diagonally back on R., (6) touch L next to R and clap, (7) step diagonally back on L,
(8) touch R next to L and clap 12.00

[17-24] Step Touch, ¼ Step Touch, ¼ Step Touch, ¼ Step Touch

1-2-3-4 (1) Step R to R, (2) Touch L beside R, (3) ¼ Turn R and Step L to the L, (4) Touch R beside
L 3.00

5-6 (5) ¼ Turn R and Step R to the R, (6) Touch L beside R 6.00

7-8 (7) ¼ Turn R and Step L to the L, (8) Touch R beside L 9.00

(Option : You can put your hands up and make waves in the air R, L, R, L)

[25-32] Side Step, Slide, Rock Step, Coaster Cross, Scuff

1-2-3-4 (1) Step R to the R, (2) Slide L beside R, (3) Rock L Forward, (4) Recover on R 9.00

5-6-7-8 (5) Step back on Left, (6) step R beside L, (7) step L over R, (8) Scuff R beside L 9.00

Dance and Smile. Life is a Treasure.
