That Was Easy



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Ms. Scherri Conner (USA) - January 2025

音乐: Complicated - Leela James 或: THAT WAS EASY - TYGA



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The dance is based on Chicago Two Step which when doing the couple dance is counted 1,2, 3,4,5,6 7 8. The counts in this step sheet are based on the rhythm of the music. The dance starts 32 counts in.

PART 1: 40 COUNTS

TWO EIGHT COUNT BASICS @12:00

1 2 3 4 5 6 Left over right, step on right, step on left, right over left, step on left, step on right

7 8 In place step left, right (lifting for a little on the &'s, helping you bounce)

REPEAT STEPS 1-8 ABOVE

FULL RIGHT TURN DOING 8 COUNT BASIC, HALF LEFT TURN DOING 8 COUNT BASIC

1 2 3 4 5 6 Complete a full right turn doing the 1st 6 counts of the basic face 12:00

7 8 In place step left, right

1 2 3 4 5 6 Complete a half left turn doing the 1st 6 counts of the basic to face 6:00

7 8 In place step left, right 7 8

KICKS AND CROSSES FOUR TIMES @6:00

1&2&	Cross left over right, step on right, kick left foot, step down on left
3&4&	Cross right over left, step on left, kick right foot, step down on right
5&6&	Cross left over right, step on right, kick left foot, step down on left
7&8&	Cross right over left, step on left, kick right foot, step down on right

HIP BUMPS - SINGLE, SINGLE, DOUBLE, QUARTER LEFT TURN (OPTIONAL KNEE LIFTS)

1 2 3&4 Bump hips/lean right, left, right for 2 counts

5 6 7&8 Bump hips/lean right, left, right for 2 counts making quarter left turn on count 8

REPEAT HIP BUMPS 3 MORE TIMES

REPEAT ALL OF PART 1 @9:00

PART 2: 16 COUNTS

STEP LOCK STEPS FOUR TIMES FORWARD

1&2 3&4 Step lock step left, right, left, then on right, left, right

5&6 7&8 Repeat steps 1-4 above

TWO HOOD WALKS BACKWARD, TWO BACK WALKS, EASY TURN RIGHT

1&2 3&4 Step back on left, push on right, back on left, step back on right, push on left, back on right

5 6 7 8 Step back on left, step on right, make easy turn to right on left, right

REPEAT PART 2 THREE MORE TIMES END FACING 6:00

ENDING: 8 COUNTS

HIP BUMPS - SINGLE, SINGLE, DOUBLE, QUARTER LEFT TURN

1 2 3&4 Bump hips/lean right, left, right for 2 counts

5 6 7&8 Bump hips/lean right, left, right for 2 counts making quarter left turn on count 8

REPEAT HIP BUMPS FIVE MORE TIMES

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com

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