Chain Smokin'

拍数: 48

级数: High Intermediate

编舞者: Emily Kessler (USA) - January 2025

音乐: Chain Smokin' - Mary Sarah

Starts after 16 ct intro

*One Restart 40 ct into Wall 2 **One 2ct Tag 16 ct into Wall 5, afterwards continue through Wall 5

[1-8]: Cross Chug Forward, Cross Shuffle Forward, 1/4 Turning Box, Weave, Brush (1:30)

- 1, 2 Step L Forward, Chug R behind L bending left knee
- 3&4 Step L Forward, Bring R behind L, Step L Forward
- 5&6 Cross R over L, Step L back with 1/4 turn over right shoulder, Step R to right
- 7&8& Cross L over R facing slight diagonal right side, Step R to right, Step L behind R facing slight diagonal left side (1:30), Brush R foot back

[9-16]: Scuff 1/8 turn, Step Together, x3 Heel Twists with 1/8 turn, V Step Back, Step Forward, Toe Touch, Step Slide 1/4 turn, Step L, Step R together (3:00)

- 1&2 Scuff R heel forward and open to turn 1/8 right (4:30), Step R foot down, Step L in
- 3&4 Twist heels left turning 1/8 right (6:00), Twist heels right, Twist heels left.
- 5&6& Step L on slight diagonal back, Step R on slight diagonal back, Step L forward, Touch R toe in
- 7&8 Step R to right with 1/4 turn sliding L, Step L back, Step R together

[17-24]: Step L, R Leg Sweep, Step R, L Leg Sweep 1/4 turn, Rock forward Recover back, Hip Bumps Forward (6:00)

- 1, 2 Step L forward, Sweep R from back to front
- 3, 4 Step R forward, Sweep L from back to front turning 1/4 over right shoulder
- 5, 6 Rock forward on L, recover back on R
- 7&8 Bump hips forward, back, forward ending with weight forward on L

Styling - Shoulders face open towards 9:00 through hip bumps

TAG Here on Wall 5

[25-32]: Hip Bumps back, Forward Switch Step ending in R Touch Toe, Side Step, Hitch Chug with Hip Slap, Cross Behind, Unwind (9:00)

- 1&2 Bump hips back, forward, back ending with weight back on R
- 3&4 Shift weight onto L and bring R to meet L, Step L back turning 1/4 over left shoulder, Touch R toe in (3:00)
- 5, 6 Step R to right side, Chug L in while hitching R knee and slapping right hip
- 7, 8 Step R to right side, Cross L behind unwind with 1/2 turn over left shoulder

[33-40]: Cross Rock, Step Side, Cross Rock, Cut with R Leg Sweep, Step Back, Step with 1/4 turn, 1/2 turn Pivot, 2 Steps Forward LR (12:00)

- 1&2 Cross R over L, Recover back on L, Step R to right
- 3&4 Cross L over R, Recover back on R, Step L back with a small jump to sweep R front to back
- 5&6 Step R back, Step L to left 1/4 turn over L shoulder, Step R forward to 1/2 turn pivot over left shoulder
- 7, 8 Step L forward, Step R forward

Styling - in counts 3&4, keep the shoulders on slight right diagonal from the last cross rock as you cut and sweep

RESTART Here on Wall 2

[41-48]: Step L and Sweep R 1/4 Turn, Press R toe, Recover back L, Kick R and touch L toe in, Step L with 1/4 Turn, Step R, Full Turn (6:00)





墙数:2

1, 2& Step L forward and Sweep R from back to front, Shift weight forward and Press R toe down, Recover weight back on L keeping R toe down

3&4 Kick R, Step R back, Touch L toe in

5, 6 Step L to left turning 1/4, Step R

7, 8 Step L forward to 1/2 turn over right shoulder, Step R back to 1/2 turn over left shoulder Styling modification - For counts 5-8, if you really want to spin! You'll 1/4 turn Shuffle and take a three step turn as follows: (5&6) Step L to left turning 1/4, Bring R to meet L, Step L forward (7&8) Full turn over right shoulder stepping RLR

*2 ct TAG - 16 ct into Wall 5, afterwards continue through Wall 5 (Facing 3:00) Cross and Full Turn Unwind 1, 2 Cross L over R, Full turn unwind over right shoulder (3:00)

Continue with the dance here - you will continue with counts 17-24 and finish Wall 5 all the way through

Happy Dancing!

Thanks to Sean Monoghan for your input. And to Cat Baldwin and Mackenzie Katz for video assistance.

Any questions please email hi@livelaughline.dance

Last Update - 7 Feb. 2025 - R1