Stratosphere

拍数: 40

级数: Beginner

编舞者: Laura Rittenhouse (AUS) - February 2025

音乐: Stratosphere - Max Jackson

Start after 32 beats

S1: RAMBLE RIGHT & LEFT (Start with weight placed evenly on both feet.)

- Swivel both heels right, Swivel both toes right, Swivel both heels right, Hold 1,2,3,4
- 5,6,7,8 Swivel both heels left, Swivel both toes left, Swivel both heels left, Hold

S2: LOCK FWD R; LOCK BACK L

- 1,2,3,4 Step R fwd, Lock L behind R, Step R fwd, Hold
- 5,6,7,8 Step L back, Lock R in front of L, Step L back, Hold

S3: DIG, HOOK, DIG, HOOK, DRAG TO RIGHT

- Dig R heel to R diagonal, Hook R heel under L knee, Dig R heel to R diagonal, Hook R heel 1,2,3,4 under L knee
- 5,6,7,8 Step R to R (5,6), Drag L to touch beside R (7,8)

S4: REPEAT S3 TO L (DIG, HOOK, DIG, HOOK, DRAG TO LEFT)

- 1,2,3,4 Dig L heel to L diagonal, Hook L heel under R knee, Dig L heel to L diagonal, Hook L heel under R knee
- 5,6,7,8 Step L to L (5,6), Drag R to touch beside L (7,8)

S5: K STEP WITH 1/4 TURN R (K clap is optional here clapping on the touches)

- 1,2,3,4 Step R forward at R diagonal, Touch L beside R, Step L back at L diagonal, Touch R beside L
- Turning 1/4 R step R back at R diagonal (3:00), Touch L beside R, Step L to L, Step R beside 5,6,7,8 L (weight on both feet ready for your ramble)

Last Update: 2 Feb 2025





墙数:4