

4x4xU Babe

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner NC2S
编舞者: Sheryl Bradley (USA) - February 2025
音乐: 4x4xU - Lainey Wilson



#16 Count intro

Floor split with the intermediate level dance by Kevin Formosa.

Weight on LF. One restart wall 6, facing 6:00, after 8 counts.

BASIC NC R&L, ¼ L BASIC NC, R BASIC NC

1,2& Step LF to L, rock RF behind, recover LF
3,4& Step RF to R, rock LF behind, recover RF
5,6& Turn ¼ L, Step LF to L, rock RF behind, recover LF
7,8& Step RF to R, rock LF behind, recover RF

Restart wall 6.

SYNCOPATED VINE R W/HOLD, CHASSE R, ROCK BACK RECOVER

1,2& RF to R, LF behind RF, RF to side
3,4 Cross LF over RF, hold
5&6 Side, together side, R-L-R
7,8 Rock LF behind RF, recover RF

SYNCOPATED VINE L W/HOLD, CHASSE L, ROCK BACK RECOVER

1,2& LF to L, RF behind LF, LF to side
3,4 Cross RF over LF, hold
5&6 Side, together side, L-R-L
7,8 Rock RF behind LF, recover LF

WIZARDS R&L, SYNCOPATED ROCKING CHAIR, SYNCOPATED JAZZ BOX CROSS

1,2& RF forward diagonally, LF behind RF, recover RF
3,4& LF forward diagonally, RF behind LF, recover LF
5&6& RF forward, recover LF, RF back, recover LF
7&8& Cross RF over LF, step LF back, step RF next to LF, cross LF over RF

Contact: SBRADLEY057@YAHOO.COM