

Bouncy

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Advanced
编舞者: Ejaya Johnson (USA) & Sean Dennis (USA) - February 2025
音乐: Bouncy (feat. Offset) - Shenseea



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts 32 counts in. The dance starts on the second eight counts singing with a partial 8 count block, see Intro.

INTRO

HOLD, QUICK STEPS FORWARD

5 6 7 Hold
8& Step forward on right, left

PART 1: 32 COUNTS

UP OUT TOGETHER, UP OUT AND CROSS, TAPS, DOWN

1&2&3&4 Right foot up, out to side, together, left foot up, left out, step left, cross right foot over left
5&6&7&8 Tap right foot twice, left foot twice, right foot twice, step on left

UP OUT TOGETHER, UP OUT AND CROSS, TAPS, DOWN

1&2&3&4 Left foot up, out to side, together, right foot up, right out, step right, cross left over right
5&6&7&8 Tap left foot twice, right foot twice, left foot twice, step on right

SWIVEL STAY BOUNCES LEFT, QUICK HOP, RIGHT

1 2 3 4 Swivel body left, bounce 3 times, quick hop step to right
5 6 7 8 Swivel body right, bounce 3 times, quick hop step to left

REPEAT STEPS 1-8 ABOVE

PART 2: 16 COUNTS

FAKE LEFT, FAKE RIGHT, STEP LEFT RIGHT LEFT LIFTING RIGHT FOOT COMPLETING QUARTER LEFT TURN, REPEAT LIFT MOVE, RIGHT LEFT HOP TOGETHER BACK TO FACE FRONT

1 2 3&4& Swivel left, right, left, step left, right, left lifting right foot completing quarter pivot left
5&6& Repeat above step left, right, left, +lift right
7&8 Right, left, hop together to face front

STOMP BACK HOP RETURN TO FRONT, RIGHT OUT, LEFT AND RIGHT IN, HOP, POINT RIGHT FOOT DOWN, STEP UP, TIC LEFT FOOT BACK, STEP BACK ON LEFT FOOT, DRAG RIGHT BACK, RIGHT COASTER STEP

1&2& Tap right foot out, step on left, bring right in and point right foot down
3&4&5 Step forward on right, tic left behind, step back on left, slide right foot back in
6&7 8 Start right coaster step right, left,

PART 3: 16 COUNTS

REGULAR WALKS FORWARD WITH DOUBLE TAPS X 2, WALK WALK RUN BACK, DUH DON DE DON DON (CARTOON RHYTHM), RIGHT/LIFT

1 2 3 4 Step forward right, tap right, forward left, tap left
5 6 7&8& Forward walk right left, run back 4 steps RL RL

Step on right raising left foot at same time

DOUBLE BOUNCES LEFT RIGHT, SINGLE SINGLE SINGLE SINGLE

1 2 3 4 Quick step on right+raise left foot, set it down out to left double bounce, right double bounce
5 6 7 8 Left single bounce, right, left, right

REPEAT PART 2

REPEAT PART 3

REPEAT ENTIRE DANCE

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com
