# **Heart Breakin'**



拍数: 32 墙数: 4 级数: Improver

编舞者: Jen Michele (USA) - February 2025

音乐: Breakin' in Boots - Matt Stell



#### Dance starts 16 counts in, just before vocals

### \*\*2 Restarts and 1 Tag

#### Section 1 - Sway, Sway, Chasse Right, ¼ turn right, ¼ turn right, Cross Shuffle.

sway hips right, sway hips left (12:00)
traveling to the right – step right to side, left next to right, right to side (cha cha cha) (12:00)
step left to side as you turn ¼ right, step right to side as you turn another ¼ right (6:00)
cross left over right, small ball step or weight change onto right foot, cross step left over right

as you prepare to turn right (cha cha cha) (6:00)

#### Section 2 - 1/4 Right Heel and Heel, right Step-lock-step, Step, 1/2 pivot right, left step-forward, hold.

1&2& turning a ¼ to the right put your right heel forward, step right next to left, put left heel forward,

step left next to the right (9:00)

3&4 step right foot forward, step left behind right, step right foot forward (9:00)

5-6 step left foot forward, turn ½ turn going right with weight ending forward on the right foot

(3:00)

7-8 step left foot forward, hold (3:00)

#### Section 3 - Kick and point, Kick and point, Rock back, Recover, Full turn

|     | · · · · · · · · · · · · · · · · · · ·                                                                 |
|-----|-------------------------------------------------------------------------------------------------------|
| 1&2 | kick right foot forward, step right next to left and point left toe out to left side (3:00)           |
| 3&4 | kick left foot forward, step left next the right and point the right toe out to the right side (3:00) |
| 5-6 | rock weight back onto the right foot, recover weight forward onto the left foot (3:00)                |
| 7-8 | turning left - make a ½ turn back onto the right foot, continue another ½ turn left ending with       |
|     | weight forward on the left (3:00)                                                                     |

# Section 4 - Walk forward right, hold, lock-step (or ball step), small hitch left. Walk back left, right, left, small flick back with right.

1-2 walk forward right, hold (3:00)

&3-4 lock or ball step on left, step forward right, bring left knee slightly up (hitch, but keep it small)

(3:00)

5-6 walk back left, right (3:00)

7-8 walk back left, flick right foot back (keep it small) (3:00)

## TAG at the end of wall 7: 1-2 sway right, sway left and then start from the beginning!

\*\*Ending to face 12:00: you will be dancing section 2, do this during counts 7&8 instead of the left step lock step, make an additional half turn back onto the left foot\*\*

Start over and have fun! See ya on the dance floors! danceitoutlinedancing@yahoo.com

Last Update - 17 Apr 2025

<sup>\*\*</sup>RESTART here on walls 2 and 4\*\*