Indiana State

拍数: 32

级数: Absolute Beginner

编舞者: Colleen Grant (USA) - February 2025

音乐: Indiana State - Shelby Cordell

#40 Count Intro (dance starts when lyrics start, after humming) (4 or 1 wall) No TAGS/RESTARTS

[1-8] VINE RIGHT, VINE LEFT

- 1 2 (Start 12:00) Step RF side, cross LF behind RF
- 3 4 Step RF side, touch LF beside RF
- 5 6 Step LF side, cross RF behind LF (Optional: Rolling grapevine)
- 7 8 Step LF side, touch RF beside LF

[9-16] Two Rocking Chair Steps with RF

- 1-2 RF Rock forward, Recover LF
- 3 4 RF Rock back, Recover LF
- 5 6 RF Rock forward, Recover LF
- 7 8 RF Rock back, Recover LF

[17-24] Side Touch Right, Side Touch Left 2x (NOTES: This is the part where you can choose to stay on 12:00 or move to 9:00 for a wall change)

- 1 2 RF out to Right side, Touch LF beside RF
- 3 4 LF out to Left side, Touch RF beside LF
- 5 6 RF out to Right side, Touch LF beside RF (Optional: Count 5 is a ¼ turn to 9:00 for a wall

change *4 wall dance*, or just stay on 12:00 for a 1 wall dance)

7 - 8 LF out to Left side, Touch RF beside LF (Choice of ending on 12:00 or 9:00)

[25 – 32] Stomp RF, Stomp LF, Slap Right Hip, Slap Left Hip, Sway Right, Sway Left (What wall you start on here depends on if you chose a 1 or 4 wall dance, 12:00 or 9:00)

- 1 2 Stomp RF down to right side, Stomp LF down to left side
- 3 4 Slap hand on right hip, Slap hand on left hip
- 5 6 Sway Hip to the right side (down and to the right on 5, up and to the right on 6)
- 7 8 Sway Hip to the left side (down and to the left on 7, up and to the left on 8)

Start again.





墙数: 1