Cali Jam



拍数: 64 墙数: 1 级数: Intermediate

编舞者: John Woodhouse Jr. (USA) - February 2025

音乐: OOFT! - Mazin



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. s

PART 1: 16 COUNTS

CROSS HEEL TO LEFT IN FRONT, STEP RIGHT, STEP LEFT OUT, TURN RIGHT FACE RIGHT DIAGONAL STEP ON RIGHT, REPEAT TO LEFT, ENDING WITH TURN FACE FRONT

1 2 3 4 Place right heel in front crossed over left toes up, step on right, step on left, turn face 3:00

step right

5 6 7 8 Place left heel crossed front of right, step on left, step on right, turn face front step on left

STEP RIGHT, LEFT, TAP RIGHT, STEP RIGHT, LEFT, TAP RIGHT, RIGHT POINT OUT, TWO SAILORS

1&2&3&4 Step forward on right, left, tap right foot, step on right foot, step on left, tap right, point right

5&6 7&8 Right sailor back, left sailor back

PART 2: 24 COUNTS

REPEATING TAP PIVOT LEFT QUARTER TURNS

&12 3&4 Tap right foot forward, step left to side pivoting to left to complete a quarter turn, left coaster

step

REPEAT THIS PATTERN FOUR TIMES TO RETURN TO FRONT WALL

ROCK BACK, RECOVER, HALF LEFT TURN RLR, ROCK BACK, RECOVER, COMPLETE RIGHT TURN LRL

Back on right, recover left, complete half left turn to face 6:00 stepping on right, left, right Back on left, recover right, complete WHOLE right turn to face 6:00 stepping left, right, left

PART 3: 24 COUNTS

SIDE SLIDES, SIDE ROCKS

1 2 3&4 Step to right, slide left to right, rock left, right 5 6 7&8 Step to left, slide right to left, rock right, left

PUSH PULL (UP BACK) WITH RIGHT LEG, ROLL HIPS UP TWICE, REPEAT WITH LEFT

Step up on right foot, shift weight back to left, shift weight forward and bump hips up twice 5 6 7&8 Step up on left foot, shift weight back to right, shift weight forward and bump hips up twice

RIGHT FOOT ROCKING CHAIR, HALF LEFT TURN TO FRONT WALL WITH SIDE TAPPPING STEPS

1 2 3 4 Rock up on right, recover on left, rock back on right, recover on left

5 6 7 8 Step on right, tap left to right making quarter left turn, repeat to face front wall

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com