

# Better Me for You

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Bobby Houle (CAN) - February 2025  
音乐: Better Me For You (Brown Eyes) - Max McNown



**\*\*2 tags 1 restart**

**[1-8]: Step, point, step, kick, coaster step, brush, step lock step, step touch (X2)**

1&2&      RF forward, Point LF next to RF, LF back, little kick RF  
3&4&      RF back, LF next to RF, RF in front, light brush LF  
5&6      LF forward, lock RF behind LF, LF forward  
7&8&      RF to R, touch LF beside RF, LF to L, touch RF beside LF

**RESTART: you do the first two walls (you're on the 6:00 wall) do the first 8 counts twice**

**[9-16]: Step, together, back, shuffle ½ turn L, brush, step, point, step, kick, coaster step**

1&2      RF to R, LF beside RF, RF back  
3&4      Shuffle L-R-L (½ turn left), light brush RF 6:00  
5&6      RF forward, Point LF next to RF, LF back, little kick RF  
7&8      RF back, LF next to RF, RF in front

**[17-24]: Side, rock, kick, cross (L+R), point, touch, step, sailor step**

1&2&      Rock LF to L, return to RF, kick LF forward, LF crosses slightly over RF.  
3&4&      Repeat 1&2& with RF  
5&6      Point LF to L, touch LF beside RF, step LF to L  
7&8      RF crosses behind LF, LF beside RF, RF to R

**[25-32]: Behind, ¼ turn R (R forward), L forward, rock step ½ turn R, shuffle ½ turn R with lock, step touch (X2)**

1&2      LF crosses behind RF, ¼ turn R (RF forward), LF forward  
3&4      Rock RF forward, ½ turn R on LF, RF forward  
5&6      ¼ turn R on RF (LF to L), lock RF in front of LF, ¼ turn R (LF back) 9:00  
7&8      RF to R, touch LF beside RF, LF to L, touch RF beside LF

**TAG 1: You do the 1st wall, after the step touch (R+L) you SWAY R-L-R-L for about 4 sec. you're on the 9:00 wall**

**TAG 2: You do 4 more walls, you're again on the 9:00 wall, you add SWAY R+L**

**Ending: You do 1 more complete wall, you're on the 6:00 wall, you do the dance until count 24 (sailor step), on count 24 make a sway to R and add a sway to L (count 25).**

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Ecole de danse Lone Riders