Here We Go

拍数: 32

级数: Intermediate

编舞者: Marlon Owens (USA) - February 2025

音乐: Here We Go Again! - Portrait

I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, and making strong muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. The dance starts when the singer starts singing.

PART 1

SHUFFLE, ROCK RECOVER, SHUFFLE BACK, EASY HALF TURN RIGHT

- 1&234 Shuffle forward RLR, rock up on left, recover right
- 5&678 Shuffle back, LRL, right foot behind left, complete right turn weight on left

SHUFFLE BACK, RECOVER, SHUFFLE UP, SIDE ROCK/LEAN RIGHT QUARTER PIVOT LEFT

- 1&2 3 4 Shuffle back RLR, rock back on left, recover right
- 5&678 Shuffle up LRL, lean/rock on right, pivot guarter left recover on left to face 3:00

REPEAT PART 1 ENDING FACING 6

PART 2

STEP HALF TURN LEFT, BACK ON LEFT, EASY TURN RIGHT, RIGHT SAILOR, QUARTER PIVOT RIGHT

1234 Step up on right, half turn left stepping back on left to face 12

567&8 turn right putting right foot behind left completing turn weight on left to face 6

Right pivot quarter turn left to face 9:00

SAILORS R, LEFT SAILOR TURNING QUARTER RIGHT, RIGHT POINTS

- 1&2 3&4 Right sailor, left sailor, guarter turn
- 5578 Point right in back, out to side, back out to side with no weight

REPEAT PART 2 ENDING AT 6:00 WALL

REPEAT PART 1

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com





墙数: 2