In His Name



拍数: 64 墙数: 1 级数: Intermediate

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音乐: Amen - Madison Ryann Ward



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. Dancing starts when singing starts.

PART 1: 24 COUNTS

SIDE BEHIND, OUT IN OUTS, UPS AND BACKS

1 2&3&4& Step to right, left behind right, step on right, point left to left, left in, left out, left in Fight out, right in, left out, left in, right forward, right in, left forward, left stomp

BACK WALK TAPS, WALKING LEFT HALF TURN TO FACE BACK

1 2 3 4 Step back on left, tap right, back on right, tap left5 6 7&8 Make left half turn walking left, right, left coaster step

REPEAT ALL STEPS ABOVE TO RETURN TO FRONT WALL

PART 2: 8 COUNTS

KICK BALL CHANGE, KICK BALL CHANGE, RIGHT QUARTER TURN JAZZ BOX

1&2 3&4 Two right kick ball change steps, travel forward if space allows

5 6 7 8 Right foot jazz box

REPEAT PART 2 THREE MORE TIMES RETURNING TO FRONT WALL

PART 3: 32 COUNTS

RIGHT HALF WALKING TURN, TRIPLE STEP, SAILORS

1 2 3&4 Make right half turn walking right, left, right, left, right

5&6 7&8 Left sailor step, right sailor step

LEFT HALF WALKING TURN, TRIPLE STEP, SAILORS

1 2 3&4 Make left half turn walking left, right, left, right, left

5&6 7&8 Right sailor step, left sailor step

RIGHT CROSS KICK GOING LEFT, LEFT CROSS KICK GOING RIGHT, KICK BALL STEPS/POINTS

1&2& Kick right foot, step on tight, step on left, step on right 3&4& Kick left foot, step on left, step on right, step on left

5&6 7&8 Two right foot forward traveling kick ball steps, clap/pray count 8

PRAYING HANDS ROCKING DOWN THEN UP

1 2 3 4 Standing in place, rock praying down

5 6 7 8 Continue rock praying up

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com