Please Shake It (흔들어 주세요)

拍数: 104   **墙数:** 2   **级数:** Beginner

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音乐: Shake Me Up (흔들어주세요) - So Yumi (소유미)

intro – : 32Count

Sec 1. Side, together, side, flick x 2

1 - 2	Step Rf to R side, Lf together
3 – 4	Step Rf to R side, flick Lf behind Rf
5 - 6	Step Lf to L side, Rf together
7 – 8	Step Lf to L side, flick Rf behind Lf

Sec 2. Rocking chair, side, touch, side, touch

1 – 2	Rock Rf fwd, recover on Lf
3 - 4	Rock Rf back, recover on Lf
5 – 6	Step Rf to R side, touch Lf beside Rf
7 – 8	Step Lf to L side, touch Rf beside Lf

Sec 3. Sec 1 Repeat

Sec 4. Sec 2 Repeat

Sec 5. Side, together, fwd, hold, side, together, fwd, hold

1 - 2	Step Rf to R side, Lf together
3 - 4	Step Rf fwd, hold
5 – 6	Step Lf to L side, Rf together
7 – 8	Step Lf fwd, hold

Sec 6. Back, touch(with clap), Back, touch(with clap), back, touch(with clap), back, touch(with clap)

1 - 2	Step Rf diagonal back, touch Lf beside Rf (clap)
3 - 4	Srep Lf diagonal back, touch Rf beside Lf (clap)
5 – 6	Step Rf diagonal back, touch Lf beside Rf (clap)
7 – 8	Srep Lf diagonal back, touch Rf beside Lf (clap)

Sec 7. Sec 5 Repeat

Sec 8. Sec 6 Repeat

Sec 9. Fwd, brush kick(with shimmy) x4

1 - 2	Step Rf fwd, brush Lf fwd kick(shimmy)
3 - 4	Step Lf fwd, brush Rf fwd kick(shimmy)
5 – 6	Step Rf fwd, brush Lf fwd kick(shimmy)
7 – 8	Step Lf fwd, brush Rf fwd kick(shimmy)

Sec 10. Back, kick x 4

1 - 2	Step Rf back, kick Lf fwd
3 - 4	Step Lf back, kick Rf fwd
5 – 6	Step Rf back, kick Lf fwd
7 – 8	Step Lf back, kick Rf fwd

Sec 11. Sec 9 Repeat

Sec 12. Sec 10 Repeat

Sec 13. Side jump(shake) x 3, toe turn 1/2 R

1 - 4	Side jump R (shake), side jump L (shake)
5 - 8	Side jump R (shake), toe Rf behind Lf 1/2 turn R

Restart. wall 2 after 32 counts

Tag.

1 - 4	Raise one's arms up to the right
5 - 8	Raise one's arms up to the left
9 – 12	Raise one's arms up to the right
13 – 16	Raise one's arms up to the left
17 - 20	1/4R step Rf fwd, hold 1/4R step Lf fwd, hold
21 - 24	Walking around 1/2turn R
25 - 28	(Jazz bax) cross Rf over Lf, Lf back, step Rf to R side, step Lf fwd