

Rata Rata

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
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音乐: T'KOES : RATA RATA (Koes Plus Vol.14/1976)



NO TAG OR RESTART

Intro: 8C - start from the music playing - Start RF

S1 - R Diagonal step forward, step together, Twist heel LRLR

1 2 Step RF diagonal forward (1) Step LF together (2)
3 4 Step RF diagonal forward (3) Step LF together (4)
5 6 7 8 Twist heel in place LRLR (5) (6) (7) (8)

S2 - L Diagonal step forward, step together, Twist RLRL

1 2 Step LF diagonal forward (1) Step RF together (2)
3 4 Step LF diagonal forward (3) Step RF together (4)
5 6 7 8 Twist heel in place RLRL (5) (6) (7) (8)

S3 - Toe strut back

1 2 Toe RF back (1) Drop heel RF (2)
3 4 Toe LF back (3) Drop heel LF (4)
5 6 Toe RF back (5) Drop heel RF (6)
7 8 Toe LF back (7) Drop heel LF (8)

S4 - Lindy R, ¼ turn R lindy L

1&2 Step RF to R (1) Step LF together (&) Step RF to R (2)
3 4 Rock LF back (3) Recover on RF (4)
5&6 ¼ turn R Step LF to L facing 03.00 (5) Step RF together (&) Step LF to al (6)
7 8 Rock RF back (7) Recover on LF (8)

Submitted by dechryz@gmail.com