True South Stomp (Ain't No Concrete Cowboys)

拍数: 32

级数: High Beginner

编舞者: Dannielle Mallonee (USA) - January 2025

墙数:4

音乐: True South - Rodney Atkins

Intro: 32 counts, starts on vocals

**2 Restarts, 1 Tag

SEC 1: R TAP -TAP KICK, R COASTER STOMP, L TAP -TAP KICK, L COASTER STOMP

- 1&2 tap R toe 2x, kick R
- 3&4 step R back, step L back next to R, stomp forward R
- 5&6 tap L toe 2x, kick L
- 7&8 step L back, step R back next to L, stomp forward L

SEC 2: POINT R FRONT, POINT R SIDE, R BEHIND SIDE CROSS, L HEEL GRIND ¼ TURN, L DRAG COASTER STOMP

- 1,2 point R forward, point R to R side
- 3&4 step R behind L, step L to L side, cross R over L
- 5,6 step out L ¼ turn rota`ng on L heel turning towards L shoulder
- 7&8 step L back, (drag in a sliding mo`on), step R back next to L, stomp forward L

SEC 3: R ROCK & ROCK & STOMP CLAP - CLAP, L ROCK & ROCK & STOMP CLAP - CLAP

- 1&2& rock R forward, recover on L, rock back on R recover forward on L
- 3&4 rock forward R with a stomp for count 3, clap clap for + 4
- 5&6& rock L forward recover back on R, rock back L recover forward on R
- 7&8 rock forward L with a stomp for count 3, clap clap for + 4

SEC 4: ½ TURN PIVOT, R L R (RUN, RUN, RUN OR FULL TURN), STEP FORWARD L PADDLE, L PADDLE, L PADDLE, STOMP L * PADDLING A FULL TURN OVER R SHOULDER & RETURNING BACK TO WHERE YOU STARTED

- 1,2 step forward R turn ½ over L shoulder recover on L
- 3&4 step R L R (run, run, run) OR a full spin, step R rotate ½ turn over your R shoulder, step back L rotate ½ turn over your R shoulder, step R
- 5&6&7&8step forward L ¼ turn over R shoulder, step forward L ¼ turn over R shoulder, step forward L1/2 turn over R shoulder, step forward and and stomp L on count 8

**2 RESTARTS:

Restart 1 wall 4 dance 8 counts facing 9 o'clock & restart Restart 2 wall 7 dance 8 counts facing 3 o'clock & restart

*1 TAG: at the end of wall 11 facing 12 o'clock... for the last 4 counts of the dance/song you will step out R and

paddle, paddle, paddle, stomp R (going in the reverse direc`on for 4 counts over your L shoulder)

HAVE A STOMPING GOOD TIME kickupthedustwithwiggles@yahoo.com

Last Update: 9 Mar 2025



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