Lonely People

拍数: 32

级数: High Beginner

编舞者: Becky Hawthorne (USA) - February 2025

音乐: Lonely People - America

Intro: 32 counts. Dance starts one count before the vocals.

*1 Restart

Section 1: DIAGONAL SHUFFLE X 2, DIAGONAL BACK, DRAG X 2

- Step RF to R fwd diagonal, Step LF next to RF (&), Step RF to R fwd diagonal 1&2
- 3&4 Step LF to L fwd diagonal, Step RF next to LF (&), Step LF to L fwd diagonal
- 5.6 Step RF back to R back diagonal, Drag LF to touch next to RF
- Step LF back to L back diagonal, Drag RF to touch next to LF 7,8

Section 2: 1/4 SHUFFLE, SYNCOPATED VINE, ROLLING VINE, POINT

- 1/8 Step RF to R (1:30), Step LF next to RF(&), 1/8 Step RF to R (3:00) 1&2
- 3&4 Step LF to L side, Step RF behind L (&), Step LF to L side
- 5,6 1/4 Step RF fwd (6:00), 1/4 Step LF to L side (9:00)
- 1/2 Step RF to R side (3:00), Point LF to L side 7,8

Easier option counts 5,6,7: Vine right without turning

Section 3: CROSS ROCK, SIDE MAMBO, CROSS, 1/4 BACK, 1/4 SHUFFLE

- Cross LF over R, Recover weight back onto RF 1, 2
- 3&4 Rock LF to L side, Recover weight onto RF (&), Step LF next to RF

***RESTART HERE ON WALL 3**

- Cross RF over L, 1/4 Step LF back (6:00) 5, 6
- 7 & 8 1/8 Step RF to R (7:30), Step LF next to RF (&), 1/8 Step RF to R (9:00)

Section 4: FWD LOCK, 1/4 SIDE SHUFFLE, 1/4 SAILOR, ROCKING CHAIR

- 1&2 Step LF forward, Lock RF behind L (&), Step LF forward
- 3 & 4 1/4 Step RF to R (6:00), Step LF next to RF, Step RF to R side
- 5&6 1/4 Step LF behind R (3:00), Step RF to R side, Step LF to L and slightly fwd
- 7 & 8 & Rock RF fwd, Recover back onto LF, Rock RF back, Recover fwd onto LF

Suggested ending: Song ends during Wall 6. Dance counts 1-6 of Section 1 to the 3:00 wall. 1/4 Step LF to L (12:00) and hold.

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墙数:4