

Made for Dancing EZ

COPPER KNOB
STEPSHEETS

拍数: 102 墙数: 1 级数: Phrased Improver
编舞者: Su Law (USA) - February 2025
音乐: I Was Made for Dancin' - Leif Garrett



Intro: 32 counts. 1Tag.

Sequence: A-B-A-B-B-B TAG B

Counts: 54-(48)-54-(48)-(48)-(48) 8 (48)

[PART A]

Sec 1: R Grapevine with touch. L Out, In, Out, In.

1-2-3-4 R Side, behind, side, touch.

5-6-7-8 L Side point, touch, side point, touch.

Sec 2: L Grapevine with touch. R Out, In, Out, In

1-2-3-4 L Side, behind, side, touch.

5-6-7-8 R Side point, touch, side point, touch.

Sec 3: V-Step, R Jazz box with Cross

1-2-3-4 R Out, out, in, in.

5-6-7-8 R Cross L, L back, R side, L Cross R

Sec 4: Night club to R, Night club to L

1-2-3-4 R side and hold, rock back, recover

5-6-7-8 L side and hold, rock back, recover

Sec 5: K-Step with hand clapping

1-2-3-4 R diagonal forward, L forward next to R with hand clapping, L back, R back next to L with hand clapping.

5-6-7-8 R diagonal back, L back next to R with hand clapping, L forward, R forward next to L with hand clapping.

Sec 6 (6 counts): Heel & Heel. Bounce, Bounce.

1-2-3-4 R Heel, together. L heel, together.

5-6 Both heels bounce, bounce.

Sec 7: R Side, together with shimmies. L Side, together with shimmies

1-2-3-4 R side and hold, L move next to R with shoulder shimmies.

5-6-7-8 L side and hold, R move next to L with shoulder shimmies.

[PART B]

Sec 1: R Grapevine with touch. L Out, In, Out, In.

1-2-3-4 R Side, behind, side, touch.

5-6-7-8 L Side point, touch, side point, touch.

Sec 2: L Grapevine with touch. R Out, In, Out, In

1-2-3-4 L Side, behind, side, touch.

5-6-7-8 R Side point, touch, side point, touch.

Sec 3: V-Step, R Jazz box with Cross

1-2-3-4 R Out, out, in, in.

5-6-7-8 R Cross L, L back, R side, L Cross R

Sec 4: Night club to R, Night club to L

1-2-3-4 R side and hold, rock back, recover
5-6-7-8 L side and hold, rock back, recover

Sec 5: K-Step with hand clapping

1-2-3-4 R diagonal forward, L forward next to R with hand clapping, L back, R back next to L with hand clapping.
5-6-7-8 R diagonal back, L back next to R with hand clapping, L forward, R forward next to L with hand clapping.

Sec 6: Hitchhiking with thump up

1-2-3-4 R Side, swing hips raising R thumb up, move arm to R.
5-6-7 Swing hips raising L thumb up, move arm to L. 8 Arm down, R move next to L to put foot together.

[TAGE – Shoulder Shimmies]

1-2-3-4 R side and hold, L move next to R with shoulder shimmies.
5-6-7-8 L side and hold, R move next to L with shoulder shimmies.

NOTE: This dance is a simplified version of “Made for Dancing” by Darren Bailey, Guillaume Richard & Niels Poulsen.

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