

Life is Your Wake-Up Call

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sue Korek (USA) - 21 February 2025
音乐: Do This Life - High Valley & Alison Krauss
或: Wake Me Up - Avicii



Alternate Music:
Wake Me Up (Avicii—1 June 2013) Intro: 16 counts, bpm=124

Intro: after 2 counts on lyric "I..."

Section 1 (BASIC RIGHT, TWO HEEL SPLITS)

- 1-2 Step R to right side, step L beside R
- 3-4 Step R to right side, step L beside R
- 5-6 Split both heels out, return both heels back to center
- 7-8 Split both heels out, return both heels back to center

Section 2 (BASIC LEFT, TWO HEEL SPLITS)

- 1-2 Step L to left side, step R beside L
- 3-4 Step L to left side, step R beside L
- 5-6 Split both heels out, return both heels back to center
- 7-8 Split both heels out, return both heels back to center

Section 3 (VINE RIGHT, 1/4 TURN RIGHT, SWEEP, LEFT JAZZ BOX CROSS)

- 1-2 Step R right, cross L behind R
- 3-4 1/4 turn right step R forward, sweep L toe across front of R
- 5-6 Step L across R, step R back
- 7-8 Step L to left; cross R over L

Section 4 (WEAVE LEFT, ROCK)

- 1-2 Step L to left, step R behind L
- 3-4 Step L to left, cross R over L
- 5-6 Step L to left, rock R behind L
- 7-8 Recover L, touch R beside L

Enjoy this fun Beginner dance!

Contact: suekorek@gmail.com

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