

Unholy

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Maurio Lumpkin (USA) - February 2025
音乐: Unholy - Sam Smith & Kim Petras



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music. This dance is slow, draw out the hip rolls, flex the knees, bounce smooth to the music.

PART 1: 16 COUNTS

CROSS ROCKS MOVING FORWARD

1 2& Cross right in front of left, step on left, step on right angling right
3 4& Cross left in front of right, step on right, step on left angling left
5 - 8 Repeat steps 1-4 above

HIP ROLLS, RIGH COASTER STEP, HALF TURN LEFT HIP/CHUGS ROLLS

1 2 3 4 Right hip roll, left hip, right hip, left hip
5&6& 7 8 Step out right, left, in right, left, two chugs/paddles on right foot toward left to face back

REPEAT STEPS 1 -8 ABOVE TO FACE FRONT

PART 2: 8 COUNTS

RIGHT FOOT TAP, QUARTER RIGHT TURN, KICK, COASTER STEP/CLAP ON 7, STEP BACK, BODY ROLLS

1 2& Tap right foot (point toe down), pivot quarter turn right/kicking right foot up
3&4 Right coaster step
5 6 7 8 Step back on right/dipping down doing hip/body roll, draw it out for 5, 6, 7, 8 end at 3:00

REPEAT STEPS 1-8 ABOVE TO START AT 3:00 AND END AT 6:00

TAG: 8 COUNTS

KNEE LIFTS

1 2 3 4 Lift left knee for 1, right knee for 2, left knee twice for 3, 4
5 6 7 8 Lift right knee for 5, right or 6, right knee twice for 7, 8

REPEAT PART 2 ONLY

REPEAT PART 1 AFTER MAKING QUARTER TURN RIGHT

REPEAT PART 1 TO END AT FRONT WALL

REPEAT PART 2

REPEAT TAG

REPEAT PART 2

WALK OFF THE FLOOR

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com