My Shining Light



编舞者: Scott Schrank (USA) - February 2025

音乐: Shining Light - Aime Simone



Intro: 64 counts when music begins. (33 Seconds In) (Dance Sequence: 32:32:32:32:32:32:32:7ag):32 to end

SIDE CLOSE	SIDE-TOGETHE	P-SIDE BOCK	PECOVER	SIDE-TOGETHER-TURN
SIDE. CLUSE	. 3106-1066176	K-SIDE. KUUR	I. RECUVER.	SIDE-IOGE I DEK-I UKN

1-2	Step LE left (1) Close Close RE next to LE (/O\
1-/	Step Le lett (1) Close Close Re next to Le (<i>-</i> / 1

3&4 Step LF left (3), Close RF next to LF (&), Step LF left (4)

5-6 Rock RF over LF (5), Recover to LF (6)

7&8 Step RF right (7), Step LF next to RF (&), Make 1/4 turn right stepping RF forward (8) [3:00]

STEP, PIVOT 1/2, SWAY, SWAY, STEP-CLOSE-STEP, SWAY, SWAY

1-2	Step LF forward (1),	Pivot 1/2 turn	right on halls	of feet (2) [9:00]

3-4 Step LF forward while swaying hips over LF (3), Rock back onto RF swaying hips over RF (4)

5&6 Step LF forward (5), Close RF next to LF (&), Step LF forward (6)

7-8 Step RF forward while swaying hips over RF (7), Rock back onto LF swaying hips over FL (8)

SWEEP, SWEEP, SAILOR 1/2 TURN, STEP, PIVOT 1/4, CROSS-BALL-CROSS

1-2	Step RF back sweeping LF behind RF (1), Step LF back sweeping RF back (2)

3&4 Step RF behind LF making 1/4 turn right (3), Step LF next to RF (&), Make 1/4 turn right on

ball of LF stepping RF forward (4) [3:00]

5-6 Step LF forward (5), Pivot 1/4 turn right on balls of feet (6) (Weight the RF) [6:00] 7&8 Cross step LF over RF (7), Step ball of RF right (&), Cross step LF over RF (8)

ROCK, RECOVER, BALL-SIDE-TOUCH, ROCK FORWARD, RECOVER SAILOR, 3/4 TURN CROSS

1-2 Rock RF right (1), Recover weight to LF (2)

&3-4 Step ball of RF next to LF (&), Step LF left (3), Touch toes of RF next to LF (4)

5-6 Rock forward on RF (5), Recover weight to LF (6)

7&8 Make a 3/4 turn right stepping RLR (7&8) (Finish with RF over LF) [3:00]

Easier option for 7&8:

7&8 Step RF slightly back, (7), make 1/4 turn left stepping LF left (&), Cross step RF over left (8)

Begin again!

*TAG Tag happens at the end of the 7th rotation (Facing 9:00 Wall)

1-2 Step LF left (1), Touch R toes next to LF3-4 Step RF right (3), Touch L toes next to RF