

Shadow on the Floor

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Advanced
编舞者: Hege Langhelle (NOR) - February 2025
音乐: Shadow - Livingston



Phrasing: ABC ABC ACA

Intro. 8 counts

A: 16 counts.

(1-8)ponystep,1/4 sailor,1 1/2 turn R w/sweep&hitch,weave.

1&2 Rf step back pop L knee(1), recover to Rf(&), Rf step back pop L knee(2).
3&4 Lf step behind Rf(3), 1/4L Rf step beside Lf(&), Lf step fwd(4).(09.00).
5&6& 1/2 R weight on Rf(5), 1/2 R Lf step back(&), 1/2 R Rf step fwd Sweep Lf back to front(6), hitch Lf(&).(03.00)
7&8& Lf cross over Rf(7), Rf step R(&), Lf step behind Rf(8), Rf step R(&).

(9-16)Kick&touch&scuff&cross,unwind,jazzbox.

1&2& Lf kick across Rf(1), Lf step L(&), Rf touch beside Lf(2), Rf step R(&).
3&4 Lf scuff beside Rf(3), Lf step L(&), Rf cross over Lf(4).
5-6 Bump1/4 L(5), bump 1/4 L(6).(09.00)
7&8& Rf cross over Lf(7), Lf step back(&), Rf step R(8), Lf cross over Rf(&).

B:32 counts

(1-8)1/4paddleturn,behind,side,cross,side,point,point,side,touch.

1&2 Rf step R(1), recover to Lf(&), 1/4 L Rf step R(2).(06.00).
3&4 Lf step behind Rf(3), Rf step R(&), Lf cross over Rf(4).
5-6 Rf step R(5), Lf point behind Rf(6)(arms: cover your eyes with palms out)
7-8 Lf point L(7)(arms: R arm fwd), weight to Lf Rf touch beside Lf(8).

(arms: L arm to the heaven)

(9-16)behind,1/4,touch,out,out,in,in,3/4 walk

1&2 Rf step behind Lf(1), 1/4 L Lf step fwd(&), Rf touch beside Lf(2).(03.00)

(arms: L arm to the heart, R arm make a salut)

&3&4 Rf step to R diagonal weight on heel(&), Lf step to L diagonal weight on heel(1), Rf back to center(&), Lf back to center(4).(arms: both arms fwd)

(&1), arms crossed in front of body fists closed(&2)).

5-8 walk 3/4L RLRL ending (06.00)

(17-24)1/4 rock,3/4 sweep,1/2 run RLR,1/4 rock,3/4 sweep,1/2 run LRL

1-2 Rf rock R and turn 1/4 L R arm push fwd(1), recover to Lf and sweep Rf 3/4 R(2).(12.00).
3&4 Rf step fwd(3), 1/4 R Lf step fwd(&), 1/4 R Rf step fwd(4).(06.00).
5-6 Lf rock L and turn 1/4 R L arm push fwd(5), recover to Rf and sweep Lf 3/4 L(6).(12.00).
7&8& Lf step fwd(7), 1/4 L Rf step fwd(&), 1/4 L Lf step fwd(8), Rf step R(&). (06.00).

(25-32)behind&hitch,behind&pop,step,lock,step,1/2 pivot,step,step,1/2,3/4.

1-2 Lf step behind Rf and hitch Rf(1), Rf step behind Lf and pop Lf(2).
3&4 Lf step fwd(3), Rf lock behind Rf(&), Lf step fwd(4).
5&6 Rf step fwd(5),1/2 L weight to Lf(&), Rf step fwd(6).(12.00)
7-8& Lf step fwd(7), 1/2 L Rf step back(8), 3/4 L step fwd(&).(09.00).

C:16 counts

(1-8)slide,ball,rock,behind,1/4,1/4 slide,ball,rock,behind,1/4.

1-2 Rf slide R over 2 counts, R arm slide over floor as low as you get
 &3&4& Ball of Lf beside Rf(&), Rf rock R and R arm reach out to R(3), Recover to Lf(&), Rf step behind Lf(4), ¼ L Lf step fwd(&)(06.00)
 5-6 ¼ L Rf slide R over 2 counts, R arm slide over floor as low as you get (03.00)
 &7&8& ball of Lf beside Rf(&), Rf rock R and R arm reach out to R(7), Recover to Lf(&), Rf step behind Lf(8), ¼ L Lf step fwd(&).(12.00)

(9-16)hitch,fwd,rock,1/2 x 3,hitch,fwd,rock,1/2,1/2.

1-2 Rf step fwd and hitch Lf over 2 counts.
 &3&4& Lf step fwd(&), Rf rock fwd(3), recover to Lf(&), ½ R Rf step fwd(4), ½ R Lf step back(&).(12.00)
 5-6 ½ R Rf step fwd and hitch Lf over 2 counts.(06.00)
 &7&8& Lf step fwd(&), Rf rock fwd(7), recover to Lf(&), 1/2 R Rf step fwd(8), ½ R Lf step back(&).(06.00).

Ready to start A
