

Con Calma

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Improver Samba
编舞者: Russibell Seoh (KOR) - February 2025
音乐: Con Calma (feat. Snow) - Daddy Yankee



Intro : 16 Counts - No Tag !

****2 Restarts**

At Wall 4 (9:00) , Dance To 16 Counts (6:00)

At Wall 7(12:00) , Dance To 8 Counts (3:00)

Sec1 : Promenade Samba Walk R L , Step R Fwd , L Side Rock , Recover On R , 1/4 R Turn Whisk

1a2 R Fwd , Press Ball Of L Back , In Place R Step
3a4 L Fwd , Press Ball Of R Back , In Place L Step
5a6 R Fwd , L Side Rock , Recover On R
7a8 L Side , Press Cross Ball Of R Behind L , In Place L

Sec2 : Fwd Walk R L , Hitch R , Together, Touch L To L Side , Swivel L Heel Inward Twice , L Back , Together , 1/2 L Turn Step L Fwd

12 Fwd Walk R L
3a4 Hitch R , Close R Next To L , Touch L To L Side
56 Swivel L Heel Inward Twice
7a8 L Back , Together , 1/2 L Turn Step L Fwd

Sec3 : R Side , Full Turn To R Step L Back & Sweep R From Front To Back , R Behind , Hold , L Side , Cross R Over L , Hold , L Side , Full Turn To L Step R Back & Sweep L From Front To Back

12 R Side , Full Turn To R Step L Back & Sweep R From Front To Back
34 R Behind , Hold
a56 L Side , Cross R Over L , Hold
78 L Side , Full Turn To L Step R Back & Sweep L From Front To Back

Sec4 : Cross L Behind R , 1/4 R Turn Step R Fwd , 1/4 R Turn Step L Side , Touch R Fwd , Sweep R From Front To Back , R Back , Touch L Fwd , L Back , Touch R Fwd , R Hip Roll , Rock R Back , Recover On L

1a2 Cross L Behind R , 1/4 R Turn Step R Fwd , 1/4 R Turn Step L Side
3a4 Touch R Fwd , Sweep R From Front To Back , R Back
5a6a Touch L Fwd , L Back , Touch R Fwd , R Hip Roll
78 Rock R Back , Recover On L

Option : Tilt your head back and put it back in place

Happy Dancing ~~

Last Update - 4 Mar 2025